

Body Like

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Jean Welser (USA) - April 2017
音樂: Body Like a Back Road - Sam Hunt



#16 count intro, start on lyrics.

S1: DIVA WALK & KICK

1,2,3,4 Point (Knee In) Step Right; Point (Knee In) Step Left
5&6,7,8 Right Kick Ball Change, Step Left, Point Right Knee In And Out

S2: SUGAR PUSH/PUSH BREAK

1,2,3,4 Point Right Knee In And Out Again; Step Forward Right, Then Left
5&6, 7,8 Triple Step Starting Right Behind Left (R,L,R); Sweep (Ronde) Left Behind Right, Point Right Foot To Side

S3: SWEEP, SCOOT, AND TURN

1,2,3,4 Step Right Back To Center, Point Left To Side; Step Left, Scoot Right Foot To Left Sending Left Foot Out Again
5,6,7 Repeat Step Left, Scoot Right Together Sending Left Out, Step Left
8&1, 2&3 Sailor With ¼ Turn Left (R,L,R) (Facing 9:00 Wall) And Coaster (L,R,L)
4&5&6, 7,8 Point Right Toe And Step Right, Point Left Toe And Step Left; Pivot ½ Turn To Left (R,L) And Step Left (Facing 3:00)

S4: BOOTY AND BOOGIE

1-2,3,4 Hold And Stick Booty Out (Alternate, May Do Body Roll); Step Forward Right, Step Forward Left
5,6&7,8& Two Wizards - Step Forward Right, Scoot Behind (Like A Stroll) With Left, And Step Right; Step Forward Left, Scoot Behind With Right, And Step Left
1,2,3,4 Take Four "Boogie" Steps Backward (R,L,R,L) With Fingers Alternating Down In Sync
5-6,7-8 Do Two Hip Rolls – Right To Left And Left To Right (Or, Again, May Do Body Rolls)

S5: SIDE PASS AND STEP LOCKS

1,2,3&4 Step Forward Right, Then Left; Make Half Turn Left While Stepping With Right Foot Towards Diagonal Left, Step Across With Left Foot, Then Stepping Right (Now Facing 9:00 Wall Again)
5&6,7&8 Do Two Step Lock Steps Backwards (R,L,R And L,R,L)

S6: OUT OUTS AND "SWIZZLE" FINISH

1&2&3,4 Point Out To Side With Right, Hop Or Step Back Together Right While Stepping Out With Left, Step Back With Left; Pivot ½ Turn To Left Beginning With Right Foot (3), Left(4)
5,6&7,8 Step Or Slide Right Foot Out To Side (Count 5) And Slide Left Foot Towards Right Foot In, Out, And In Again Quickly (6&7); Replace Weight Onto Left (8) While Lifting Right Heel To Start Again.

Note: □ There Is A Restart On The 3rd Wall (Facing 6:00) After First 16 Counts (End Of Sugar Push)

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