### The One



拍數: 32 編數: 2 級數: Intermediate

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音樂: Daddy - Abby Anderson



#### #16 counts intro

## Section 1: Step L fwd, step R fwd, 1/2 turn L, recover L, step R fwd, full turn R, lock step, walk R fwd, rock L fwd, recover R

1 Step LF forward,

2&3 Step RF forward, turn 1/2 L, recover on LF, step RF forward

4&5 Turn 1/2 R, step LF backwards, turn 1/2 R, step RF forward, step LF forward

&6 Lock RF behind LF, step LF forward

7-8& Walk RF forward, rock LF forward, recover on RF

Count 7-8. You can sweep R and LF from back to front as you walk fwd. □

### Section 2: Slide backwards L, coaster step R, scissor step 1/4 turn R, point R, full turn R, rock L, recover R, cross L□

1 Step/slide backwards on LF

2&3 Step RF backwards, step LF next to RF, step RF forward

Step LF forward, turn 1/4 R(9.00), recover on RF, cross LF over RF Pont RF to R, make a full turn R(9.00), and drag RF towards LF

&8 Rock LF to L, recover on RF

& Cross LF over RF

#### Section 3: Night club basic R, 1/4 turn L, step 1/2 turn L, press R, recover L, 1/2 turn R, coaster cross R

1-2& Step RF to R, cross LF behind RF, cross RF over LF

3 Turn 1/4 L(6.00), step LF forward

4&5 Step RF forward, turn 1/2 L(12.00), recover on LF, press RF forward

6 Recover on LF, turn 1/2 R(6.00)

7&8 Step RF backwards, step LF next to RF, cross RF over LF

### Section 4: Side L, cross R, Sweep L, cross L, side R, behind L, sweep R, coaster cross R, full turn L, rock L, recover R

&1 Step LF to L, cross RF in front of LF, sweep LF from back to front

2&3 Cross RF over LF, step RF to R, cross LF behind RF, sweep RF from front to back

4&5 Cross RF behind LF, step LF to L, cross RF over LF6-8 Make a full turn L, rock LF backwards, recover on RF

Tags:-

# Tag 1: 4 count Tag after wall 2 facing 12 1-4 Change weight L-R-L-R

#### Tag 2: 4& count Tag in wall 5 after section 2. Facing 9

1-2 Change weight R-L

3-4& Change weight R-L change weight R and turn 1/4 R(12.00)

Restart: After the Tag in wall 5, facing 12.