

The Underdog Got X-Factor

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Improver
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音樂: The Underdog - Morten Nørgaard : (Winner of danish X-Factor 1/4-2017 - iTunes)



NO Tags & NO Restarts

[1-8] R SIDE, BACK ROCK, L SIDE, BACK ROCK, WINE ¼ R, MAMBO PUSH

1 - a2 Step R to R side, Rock back on L, Recover on R
3 - a4 Step L to L side, Rock back on R, Recover on L
5 - 6& Step R to R side, Step L behind R, Turn ¼ R step R fwd (3:00)
7 & 8 Rock L fwd, Recover on R, Step L beside R while push your but back (weight L)

[9-16] STEP FWD, TURN ¼ R, SAILOR ¼ R, STEP L FWD, SHUFFLE ½ L

1 - 2 Step R fwd, Turn ¼ R step L to L side (6:00)
3 & 4 Cross R behind L, Turn ¼ R stepping L to L side (9:00), Step R fwd
5-6 Step L fwd, Turn ½ L stepping back on R (3:00)
7&8 Turn ¼ L step L to L side (12:00), Step R beside L, Turn ¼ L step L fwd (9:00)

[17-24] PART OF A DIAMOND, ROCK RECOVER, BALL STEP, TURN ½ R

1 & 2 Cross R in front of L, Step L back, Step R back (10:30)
3 & 4 Cross L behind R, Step R to R side, Cross L in front of R (12:00)
5 - 6& Rock R fwd (1:30), Recover on L, Step R beside L
7 - 8 Step L fwd, Turn ½ R step R fwd (7:30)

[25-32] SHUFFLE ½ R, BEHIND SIDE CROSS, SIDE ROCK L, SAILOR ½ L, SMALL HITCH

1 & 2 Turn ¼ R step L to L side (10:30), Step R beside L, Turn ¼ R step L back (1:30)
3 & 4 Cross R behind L, Step L to L side, Cross R in front of L (12:00)
5 - 6 Rock L to L side, Recover on R
7 & 8& Turn ½ L Cross L behind R, Step R to R side, Step L to L side, Make a Small hitch with R in front of L knee (6:00)

Ending: Step R to R and Poooooose

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