Dance Man

拍數: 32

級數: Beginner

編舞者: Frank Trace (USA) - March 2017

音樂: I Just Want to Dance With You - Bang-o-rama

Note: Use the 3:43 version. This dance is not phrased. No Tags or Restarts

Intro: 64 counts, Start on vocals.

Optional Slower Music Suggestions: "Love Train" by Rod Stewart (122 bpm) "Don't Stop 'Til You Get Enough" by Michael Jackson (122 bpm)

Try one of your favorite dance songs.

V STEP, TOUCH, VINE LEFT, BRUSH

- 1-4 Step R forward diagonal right, step L forward diagonal left, Step R back under body, touch L next to R
- 5-8 Step L to left side, step R behind L, step L to left side, brush R forward

ROCKING CHAIR, ½ PIVOT LEFT, ½ PIVOT LEFT

- 1-4 Rock R forward, recover onto L, rock R back, recover onto L
- 5-8 Step R forward, pivot ½ turn left, step R forward pivot ½ turn left (12:00)
- * Easy option to 5-8; just do another rocking chair step.

DIAGONAL STEP, SLIDE, STEP, BRUSH (RIGHT & LEFT)

1-4 Step R diagonal right, slide L next to R, step R diagonal right, brush L forward

5-8 Step L diagonal left, slide R next to L, step L diagonal left, brush R forward

JAZZ BOX ¼ TURN RIGHT, STEP, TOUCH, STEP, TOUCH

- 1-4 Cross R over L, step L back, turn ¼ right step R to side, step L next to R (3:00)
- 5-8 Step R forward, touch L to side, step L forward, touch R to side

START OVER

Note: When using "I Just Want to Dance With You", you may start the dance at 32 counts, before the vocals. However, the dance will end at the back wall. By starting at 64 counts, the dance will end at the 3:00 wall. Step Right forward, touch Left to side and pose.





牆數:4