

# Sol Na Chuva

COPPERKNOB  
STEP SHEETS

拍數: 180      牆數: 0      級數: Contra Line - All Levels  
編舞者: Trizia Ruggiero (UK) - March 2017  
音樂: Sunshine In the Rain (Italo Mix) - BWO



**INTRO: 32 counts [after 2nd vocals/sunshine in the rain]**

## SEC 1: NEW YORKS

1-2            Step L forward a quarter turn R  
3&4           Step L [ quarter turn / to face original position] step R beside L –step L to side  
5-6           Step R forward a quarter turn L  
7&8           Step R [ quarter turn/to face original position] step L beside R- step R to side

## SEC 2 : REPEAT SEC 1 [ NEWYORKS]

## SEC 3: CROSS/ SIDE/ BEHIND/POINT

1-4            Cross L over R- step R to side- step L behind R- point R toe to side  
5-8            Cross R over L- step L to side- step R behind L- point L toe to side

## SEC 4: CROSS/ SIDE /BEHIND /TOUCH/ HIP BUMPS

1-4            Cross L over R- step R to side – step L behind R- touch R beside L  
5-8            Bump hips R-L-R-L

## SEC 5 - SEC 8: REPEAT SECTIONS 1-4

## SEC 9: ROCK/ SHUFFLES

1-2            Rock forward R- recover on L  
3&4            Step R back- step L beside R- step R back  
5&6            Step L back- step R beside L- step L back  
7&8            Step R back- step L beside R- step R back

## SEC 10: ROCK/SHUFFLES

1&2            Step L back- step R beside L – step L back  
3-4            Rock back on R- recover on L  
5&6            Step forward on R- step L beside R- Step forward on R  
7&8            Step L forward- step R beside L – step forward on L

## SEC 11: ROCK/SHUFFLES

1&2            Step forward on R- step L beside R- step forward on R  
3&4            Step forward on L- step R beside L- step forward on L  
5-6            Rock forward on R- recover on L  
7&8            Step back on R- step L beside R- step R back

## SEC 12: ROCK/SHUFFLES

1&2            Step back on L- step R beside L- step back on L  
3&4            Step back on R- step L beside R-step back on R  
5&6            Step back on L- step R beside L- step back on L  
7-8            Rock back on R-HOLD

## SEC 13: STEP QUARTER TURN / TOUCH/VINE

1-4            Step R quarter turn L- touch L beside R- step L to side – touch R beside L  
5-8            Step R to side – step L behind R- step R to side- touch L beside R

**SEC 14: VINE/ STEPQUARTER TURN / TOUCH**

1-4 Step L to side – step R behind L- step L to side – touch R beside L  
5-8 Step R quarter turn R- touch L beside R- step L to side- touch R beside L

**SEC 15: ROCKS/ SIDE SHUFFLES**

1-2 Rock back on R- recover on L  
3&4 Step R to side- step L beside R- step R to side  
5-6 Rock forward on L- recover on R  
7&8 Step L to side- step R beside L- step L to side

**SEC 16: – REPEAT SECTION 15**

**SEC 17: CROSS/SIDE/ BEHIND/ POINT**

1-4 Cross R over L- step L to side – step R behind L – point L toe to side  
5-8 Cross L over R – step R to side- step L behind R- point R toe to side

**SEC 18: - REPEAT SECTION 17**

**SEC 19-22: REPEAT SECTIONS 15- 18**

**SEC 23: - HIP BUMPS**

1-4 Bump hips R-L-R-L

**END OF DANCE**

Restart wall 2: after section 20.

Restart: Wall 4 - Restart dance with sect 9, and dance to the end.

A long script, but dance is easy.

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