

Do Tambor

拍數: 64 牆數: 2 級數: Improver
編舞者: Esmeralda van de Pol (NL) - February 2017
音樂: Ao Som do Tambor - Lorenzo



Intro : 64 counts

S1: HEEL GRIND & CROSS, BEHIND-SIDE-CROSS -CHASSE R,

1-2& Step on R heel with toes L, Turn toes to right and step LF to L side, Step RF next to LF
3-4 Cross LF over RF, Step RF to R side
5&6 Step LF behind RF, Step RF to R side, Cross LF over RF
7&8 Step RF to R side, Step LF next to RF, Step RF to R side

S2: CROSS ROCK BACK, KICKBALL CROSS, CHASE L, BACK ROCK

1-2 Rock LF behind RF, Recover weight on RF
3&4 Kick LF diagonal fwd, Step LF next to RF, Cross RF over LF
5&6 Step LF to L side, Step RF next to LF, Step LF to L side
7-8 Rock RF back, Recover weight on LF

S3: SHUFFLE ¼ TURN L, SHUFFLE ¼ TURN L, CROSS, SIDE, SAILORSTEP

1&2 ¼ turn L-step RF to R side, Step LF next to RF, ¼ turn L-step RF back
3&4 ¼ turn L-step LF to L side, Step RF next to LF, Step LF to L side
5-6 Cross RF over LF, Step LF to L side
7&8 Step RF behind LF, Step LF to L side, Step RF to R side (turn body to right diagonal)

S4: CROSS, SIDE, SAILORSTEP, SYNCOPATED JAZZBOX, FWD STEP

1-2 Cross LF over RF, step RF to R side
3&4 Cross LF behind RF, Step RF to R side, Step LF to L side
5-6& Cross RF over LF, Step LF back, Step RF to R side
7-8 Step LF fwd, Step RF fwd

S5: HIPSWAY/ROCK FWD, HIPSWAY/ROCK BACK, SHUFFLE FWD, PIVOT ¼ TURN L

1-2 Rock LF fwd sway hip, Recover weight on RF
3-4 Rock LF back sway hip, Recover weight on RF
5&6 Step LF fwd, Step RF next to LF, Step LF fwd
7-8 Step RF fwd, ¼ turn L-weight on LF

S6: CROSS SHUFFLE, CHASE L, COASTER STEP, WALK FWD

1&2 Cross RF over RF, Step LF next to RF, Cross RF over LF
3&4 Step LF to L side, Step RF next to LF, Step LF to L side
5&6 Step RF back, Step LF next to RF, Step LF fwd
7-8 Step LF fwd, Step RF fwd

S7: HIPSWAY ¼ TURN R X2, CROSS SHUFFLE, SIDE ROCK

1-2 ¼ turn R sway hip toL , Recover weight on RF
3-4 ¼ turn R sway hip to L, Recover weight on RF
5&6 Cross LF over RF, Step RF to R side, Cross LF over RF
7-8 Rock RF to R side, Recover weight on LF

S8: COASTER STEP, PIVOT ½ TURN R, SHUFFLE ½ TURN R, BACK ROCK

1&2 Step RF back, Step LF next to RF, Step RF fwd
3-4 Step LF fwd, ½ turn R-weight on RF

5&6 ¼ turn R-step LF to L side, Step RF next to LF, ¼ turn R-step LF back
7-8 Rock RF back, Recover weight on LF

NO TAGS !! NO RESTART !!
