

拍數: 64 牆數: 2 級數: Phrased Intermediate
編舞者: Peirina Svensson (SWE) & Emma Johansson (SWE) - March 2017
音樂: I Can't Go On - Robin Bengtsson



Sequence: A A B A TAG A B A A A A

A: 32 counts.

Sec A1. Wizard step, heel switches, wizard step, heel switches

1 2 & Step Rf forward diagonally, lock Lf behind Rf, step Rf forward diagonally.
3&4& Put L heel forward, put Lf next to Rf, put R heel forward, put Rf next to Lf
5 6 & step Lf forward diagonally, lock Rf behind Lf, step Lf forward diagonally.
7&8& Put R heel forward, put Rf next to Lf, put L heel forward, put Lf next to Rf.

Sec A2. Rock recover, chasse ¼ turn R, cross unwind, scissor step

1-2 Rock forward on Rf, step back on to Lf.
3&4 Turn ¼ to right and step Rf to the side, step Lf next to Rf, step Rf to The side.
5-6 cross Lf foot over Rf, unwind full turn to R (weight ends on Lf.)
7&8 step Rf to right side, step Lf next to Rf, cross Rf over Lf foot.

Sec A3. Step, touch, 1/4 turn R, hitch 1/4 turn R. Syncopated rock steps

1-2 Step Lf to the left, touch R toe behind Lf and point your point fingers to left.
3-4 Turn 1/4 to right and step Rf forward, turn 1/4 to right and hitch up L knee.
5&6&7&8 Step down and out the Lf to The left, recover weight to the Rf, step Lf next to RF, step Rf out to the side, recover on to Lf.

Sec A4. Touch, hip roll 1/4 turn L, kickball change, skate X2, rock and cross

1-2 Touch R toe forward, roll your hip anticlockwise from left to right while turning 1/4 to left, (weight ends on Rf.)
3&4 kick Lf forward, step Lf next to Rf, step RF next to Lf.
5-6 skate Lf forward, skate Rf forward.
7&8 step Lf to left side, recover weight to Rf, cross Lf over Rf.

Tag: 4 count Tag after the third A at the end of wall 4 (6 a'clock)

1-2-3-4 Hip bumps R,L,R,L

B: 32 counts (Nightclub but with single counts)

Sec. B1: R basic nightclub, step ¼ L, sweep, cross, back

1-2-3-4 big step to right, drag Lf to Rf, step Lf behind Rf, cross Rf over Lf.
5-6-7-8 turn 1/4 to left and step Lf forward, sweep Rf foot from back to front, cross Rf over Lf, step back on Lf.

Sec. B2: step ½ R, hold, fullturn, ¼ turn R basic nightclub.

1-2-3-4- turn 1/2 turn to right and step Rf forward, hold, turn 1/2 turn to right and step Lf back, step 1/2 turn to right and step Rf forward.
5-6-7-8 turn 1/4 right and take a big step with Lf to left side, drag Rf to Lf, step Rf behind Lf, cross Lf over Rf.

Sec. B3: diamond step 1/8 L, diamond step 1/4 L.

1-2-3-4 big step to the right with Rf, drag Lf to Rf, turn 1/8 to left and step Lf back, step Rf back.
5-6-7-8 turn 1/8 left and take a big step to left with Lf (3 a'clock), drag Rf to Lf, turn 1/8 to left and step forward on Rf, step forward on Lf.

Sec. B4: 1/8 turn basic nightclub R, Basic nightclub L

1-2-3-4 turn 1/8 to left and take a big step to the right(12 a'clock), drag Lf to Rf, step Lf behind Rf, cross Rf over Lf.

5-6-7-8 take a big step with Lf to left, drag Rf to Lf, step Rf behind Lf, cross Lf over Rf.

Have fun, Smile and just dance :-)

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