

# Bird Of Paradise

**COPPER** **NOB**  
STEPSHEETS

拍數: 32      牆數: 2      級數: Intermediate  
編舞者: Chris Jackson (UK) - March 2017  
音樂: Bird of Paradise - Snowy White : (Single - Amazon)



Starts on the word 'by' of the  
Intro – Saw you flying 'by'. 4 easy Tags.

## [SECTION 1] SIDE, BACK ROCK, QUARTER, STEP-HALF-QUARTER, IN FRONT AND BEHIND AND CROSS ROCK, QUARTER

- 1,2&3,4&5      Long step right to right side, rock back on left, recover on right, make a quarter turn left stepping forward on left, step forward on right, make a half turn right stepping back on left, make a quarter turn right stepping right to right side
- 6&7&8&1      Cross left over right, right to right side, cross left behind right, right to right side, cross left over right, recover on right, make a quarter turn left stepping forward on left

## [SECTION 2] STEP-HALF-HALF, STEP-TURN-CROSS, ROCK AND CROSS, ROCK AND CROSS, PRESS

- 2&3,4&5      Step forward on right, make a half turn right stepping back on left, make a half turn right stepping forward on right, step forward on left, pivot a quarter turn to your right, cross left over right
- 6&7&8&1      Rock right to right side, recover on left, cross right over left, rock left to left side, recover on right, cross left over right, press right toe forward

## [SECTION 3] SIDE PRESS, HALF-TURN PRESS, COASTER STEP, HALF, HALF, STEP, BALL-STEP, BALL-PRESS

- 2,3,4&5      Press right toe to right side, make a half turn right and press right toe to right side (TAG 1 HERE), step back on right, step back left next to right, step forward right
- 6&7&8&1      Moving forwards make a half turn right stepping back on left, make a half turn right stepping forward on right, step forward left, step right next to left, step forward left, step forward right, press left toe forward

## [SECTION 4] SIDE PRESS, COASTER TURN, STEP-TURN CROSS SHUFFLE, ROCK AND CROSS

- 2,3&4      Press left toe to left side, make a quarter turn left stepping back on left, step right next to left, step forward on left
- 5&6&7&8&      Step forward right, pivot a quarter turn left, cross right over left, left to left side, cross right over left, rock left to left side, recover on right, cross left over right

## TAGS 2-4 HERE

**TAG 1 AND RESTART: ON WALL 2:** Dance up to Step 3 of Section 3 and rock back on right (4), recover on left (&). Restart from beginning facing 6.0.

**TAG 2: AT END OF WALL 4:** Dance to the end then – long step right to right side (1), back-rock recover (2&), left to left side and sway left (3), sway right (4), long step left to left side (5), back-rock recover (6&), right to right side and sway right, sway left. Start again from beginning facing 6.0.

**TAG 3: AT END OF WALL 5:** Dance up to the end and then – long step right (1), back-rock recover (2&), long step left (3), back-rock recover (4&). Start again from the beginning facing 12.0.

**TAG 4: AT END OF WALL 7:** Repeat TAG 2. Start again from beginning facing 12.0.

Dance ends on the last step of Section 3 facing 12.0.

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