

Sígueme Y te sigo

COPPER KNOB
BY STEPHENETS

拍數: 48 牆數: 2 級數: Novice
編舞者: Corinne DELY (FR) - February 2017
音樂: Sígueme y Te Sigo - Daddy Yankee



Intro : 16 counts

S1 : Mambo R, Mambo L ,Forward R , Step turn 1/2 L Walk R, Forward L , Step turn 1/2 R, Walk L

1&2 Rock forward R , Recover L, back R
3&4 Rock back L , Recover R, Forward L
5&6 Forward R, 1/2 turn to L Forward R(face to 6 : 00)
7&8 Forward L , 1/2 turn to R , Forward L (face to 12 : 00)

S2 : 1/4 Turn L, Rock Forward R, Recover L , 1/4 Turn R , Triple side R , 1/4 Turn R , Rock Forward L , Recover R , 1/4 Turn L , Triple side L

1-2 Make 1/4 turn to L , Rock Forward R , Recover L (face to 9:00)
3&4 Make 1/4 turn to R Step R to R , Left together , Step R (face to 12: 00)
5-6 Make 1/4 turn to R , Rock forward L , Recover to R (face to 3:00)
7&8 Make 1/4 turn to L , Step L to L , R Together, step L to L (face to 12:00)

S3 : Rock R over , Recover L , Side R , Paddle turn R , Triple Forward L , Cross R , back L ,Side R

1&2 Rock cross R over L , Recover L , step R to R side
3-4 Make 1/4 turn to R , Touch L to L side (3:00) , Make 1/4 turn to R , Touch L to L side (6: 00)
5&6 Forward L , step R together , Forward L
7&8 Cross R over L D , Back L , Step R to R side .

S4 : Rock L over , Recover R , Side L , Paddle turn L , Triple Forward R , Cross L , Back R ,Side L

1&2 Rock L cross over R , recover R , Step L to L side
3-4 Make 1/4 turn to L , Touch R to side R (3:00) ,Make 1/4 turn to L , Touch R to R side (12: 00)
5&6 Forward R , L together , Forward R ,
7&8 Cross L over R , Back R , step L to L side .

S5 : Forward R , Point L forward , Point side L Together , Point side R ,Point Forward R , Point Side R, Point Forward R Hock R , Forward R

1. Forward R
2 Point L Forward
3. Point L to L side
& 4 L together , (&)Point R to r Side
5. Point R forward
6 Point R to R side
7 Point R Forward
& Hock R over L leg
8. Forward R

S6 : Forward L , 1/2 turn L Back R , Back L , Coaster step R Forward L Pivot R 1/2 turn L , Shuffle 1/2 turn L

1&2 Forward L , make ,1/2 turn to L Back R , Back L
3&4 Back R, L together Forward R (face to 6 : 00)
5-6 Forward L , pivot R 1/2 turn to L , Back R (face à 12: 00)
7&8 1/4 turn to L Step L to L side , R together , 1/4 turn to L Forward L (face à 6 : 00)

Contact : corinnedely@gmail.com

