

For Real This Time

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Easy Intermediate
編舞者: Wanda Heldt (AUS) - March 2017
音樂: Gone For Real - Charlie Daniels



S1. STEP, SCUFF, STEP SCUFF, VINE RIGHT

- 1-2 Step forward on Right, Left scuff [making contact with heel on floor].
3-4 Step forward on Left, Right scuff -
5-8 Step Right to Right side, Step Left behind Right, Step Right, Left Scuff.

S2. VINE LEFT with a 1/4 TURN LEFT, SCUFF, ROCKING CHAIR

- 1-4 Step Left to Left, Step Right behind Left, 1/4 Turn Left as you step forward on Left, Right scuff.
5-8 Rock forward on Right, Recover on Left, Rock back on Right, Recover on Left.

S3. 1/2 TURN LEFT, HITCH, 1/2 TURN RIGHT, HITCH, 1/2 TURN RIGHT, STEP ON LEFT, TOUCH

- 1-2 Step forward on Right, with a 1/2 turn over left shoulder Left hitching Left. [3:00]
3-4 Step forward on Left with a 1/2 turn over Right shoulder hitching Right. [9:00]
5-6 Keep wt. on Left turn a 1/2 turn Right, Step on Right hitching Left. [3:00]
7-8 Step forward on Left, Touch Right next to Left.

Easy Option

S4. ROLLING VINES - RIGHT and LEFT, TOUCH or JUST VINE R & L

- 1-4 Rolling vine...stepping 1/4 on Right, 1/2 on Left, 1/4 on Right, Touch Left next to Right.
5-8 Rolling vine...stepping 1/4 on Left, 1/2 on Right, 1/4 on Left, Touch Right next to Left.

S5. RIGHT 45, STEP, LEFT 45, STEP, 1/2 MONTEREY

- 1-2 Touch Right heel at 45 angle, Step on Right.
3-4 Touch Left heel at 45 angle, Step on Left.
5 Monterey turn(4 cts) Touch Right toe to Right side, on ball of Left foot 1/2 turn over Right shoulder
6-8 Step onto Right foot, touch Left toe out to the side, Step Left foot next to right. [9:00]

S6. KICK, STEP OUT, OUT TO SIDE, 2 HEEL BOUNCES, HIPS L.R. DOUBLE L

- 1&2 Kick Right forward, Step Right out to Right side, Step Left out to Left side.
3-4 Bounce both heels twice.
5-8 Weight on Left- bump Hip Left, Right, Double Left.

Repeat... HAVE FUN IN LIFE & IN DANCE

EASY OPTION: Section. 3

#1/4 TURN LEFT & HITCH, STEP FORWARD & HITCH, 1/4 TURN LEFT & HITCH, STEP FORWARD & HITCH

- 1-2 Step forward on Right, with a 1/4 turn Left hitching the Left [6:00]
3-4 Step forward on Left, Hitch Right
5-6 Step forward on Right with a 1/4 turn Left hitching the Left [3:00]
7-8 Step forward on Left Left, Hitching the Right.

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