

Saved My Soul

COPPER KNOB
STEPSHEETS

拍數: 40 牆數: 2 級數: Advanced
編舞者: Esmeralda van de Pol (NL) - March 2017
音樂: A Stranger Saved My Life - Måns Zelmerlöw



Intro : 16 counts

::1::BASIC NIGHTCLUB R, ¼ TURN R, SAILOR 3/8 TURN R, FORWARD ROCK, SIDE, CROSS SHUFFLE

1-2& Step RF to R side, Close LF behind RF, Cross RF over LF
3-4& Make ¼ turn R-step LF back, RF Sweep 3/8 turn R- cross RF behind LF, LF step to L side
7.30
5-6& Step RF fwd, Rock LF fwd, Recover on RF
7& Make 1/8 turn L-step LF to L side, Cross RF over LF □□□□□□ 6.00
8& Step LF to L side, Cross RF over LF □□□□□□□□ 6.00

::2::SIDE, ROCKSTEP BACK, ¼ TURN L, BEHIND, ¼ TURN R, FORWARD STEP, COASTER ½ TURN RIGHT, SWEEP, CROSS, STEP BACK

1-2& Step LF to L side, Rock RF back, Recover on LF
3-4& Make ¼ turn L-step RF to R side, Cross LF behind RF, Make ¼ turn R-step RF fwd □□ 6.00
5-6&7 Step LF fwd, sweep ½ turn R-step RF back, Step LF next to RF, Step RF fwd
&8& Sweep LF in front of RF, Cross LF over RV, Step RF back □□□□□□ 12.00

::3::BASIC NIGHTCLUB L, ¼ TURN RIGHT, PIVOT ½ TURN R, WALK FWD L-R, FULL TURN RIGHT, ¼ TURN R

1-2& Step LF to L side, Close RF behind LF, Cross LF over RF
3-4& Make ¼ turn R-step RF fwd, Step LF fwd, Make ½ turn R, RF fwd □□□□ 9.00
5-6 Walk forward L-R
7& Make ½ turn R-step LF back, Make ½ turn R-step RF fwd □□□□□□ 9.00
8& Make ¼ turn R-rock LF to L side**, Recover on RF □□□□□□□□ 12.00

****Restart 5th wall**

::4::CROSS, ¼ TURN LEFT X2, CROSS ROCK, SIDE, STEP FWD, 7/8 TURN R

1-2& Cross LF over RF, Make ¼ turn L-step RF back, Make ¼ turn L-step LF to L side □□ 6.00
3-4& RF Cross Rock fwd, Recover on LF ** Step RF to R side
5-6 LF step fwd, Make ¼ turn R-step RF fwd □□□□□□□□ 9.00
&7 Make 1/8 turn R-step LF fwd, Make ¼ turn R-step RF fwd □□□□□□ 1.30
8& LF Close next to RF, Make ¼ turn R-step RF fwd. □□□□□□□□ 4.30

****Restart 3rd wall**

::5::FWD ROCK, 3/8 TURN L, ¼ TURN LEFT , HALF DIAMOND FALLAWAY, WALK FWD R-L-R, ROCK & CROSS

1-2& Rock LF fwd, Recover on RF, Make 3/8 turn L-step LF fwd □□□□□□ 12.00
3-4& Make ¼ turn L-step RF to R side, Cross L diagonally behind R, Step RF diagonally backwards
5-6 1/8 turn L-step LF to L Side, Step RF Fwd □□□□□□□□ 6.00
&-7 Step LF Fwd, Step RF Fwd
&8& Rock LF to L side, Recover on RF, Cross LF over RF □□□□□□□□ 6.00

Tag : -

At the end of wall 1

1-2-3-4 Hip Sway R-L-R-L

At the end of wall 2

HIP SWAYS R-L-R-L, FWD STEP, PIVOT ½ TURN R, FWD STEP, PIVOT ½ TURN L

1-2-3-4	Hip Sway R-L-R-L
5-6	RF Step fwd, LF step fwd
&7	½ Turn R-weight on RF, LF step fwd
8&	RF step fwd, ½ turn L-weight on LF

Restarts :

****3rd wall, dance till count 4 of section 4, slow down for 1 count (weight on LF), than you start again. you can hear this in the music.**

****5th wall, dance till count 24 slow down for a & count (keep your weight on LF) en start again**

(This dance was first released in 2011, but was not seen. Now is this one teach in Benidorm at the Big One event. And now lot of different instructors already teach it. after the event in Benidorm)

www.esmeralda-dancers.com / info@esmeralda-dancers.com
