

Sweet Stuff

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Pat Newell (USA) - March 2017
音樂: Sugar and Pai - The Boots Band



Senior Dancing Series

Learning: vines, fans, double/single heel /toe tags, turn, hold

#16 in 130 bpm phrased to 32/64

Optional music: Hey Baby by Alabama

Grapevine Right, stomp Left, two left fans

1-4 Step R to R side, cross L behind R, step R to R side, stomp L beside R (no weight)
5-8 Fan L toes L, center, L, center

Grapevine left, stomp Right, two Right fans

1-4 Step L to L side, cross R behind L, step L to L side, stomp R beside L (no weight)
5-8 Fan R toes R, center, R, center

Double Heel, Double toe, Single Heel Toe Fwd, back, Fwd, back

1-4 With weight on L, touch R heel fwd 2 times, Toe back 2 times
5-8 Still weight on L, touch R heel fwd , back, fwd, back

Step Forward Hold, ¼ Turn L, Hold, Stomp Right, Left, Clap 2 times

1-4 Step forward on R, hold, turn ¼ L with weight on L, hold
5-8 Stomp R in place, stomp L in place , Clap, Clap - 9:00

DANCE FOR THE HEALTH OF IT
