

Friends

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Easy Intermediate
編舞者: Kenneth Shaw (AUS) - March 2017
音樂: Friends - Andrew Cousins : (Album: Andrew Cousins EP)



#24 count intro and begin on vocals

NOTE: This dance is anti-clockwise for one rotation ONLY

(1-8) HEEL,HEEL,COASTER STEP X 2

1,2,3&4 2 R heel taps forward, step R back, step L together, step R forward
5,6,7&8 2 L heel taps forward, step L back, step R together, step L forward

(9-16) FORWARD ROCK, 1/2 TURN SHUFFLE, 1/2 PIVOT TURN & SHUFFLE

1,2,3&4 Step R forward, rock back onto L, 1/2 turn right, shuffle R,L,R
5,6,7&8 Step forward L, pivot 1/2 turn right, weight on R, shuffle L,R,L

(17-24) HEEL,HEEL,COASTER STEP X 2

1,2,3&4 2 R heel taps forward, step R back, step L together, step R forward
5,6,7&8 2 L heel taps forward, step L back, step R together, step L forward

(25-32) FORWARD ROCK, 1/2 TURN SHUFFLE, 1/4 PIVOT TURN & SHUFFLE (FACING 9 O'CLOCK)

1,2,3&4 Step R forward, rock back onto L, 1/2 turn right, shuffle R,L,R
5,6,7&8 Step forward L, pivot 1/2 turn right, weight on R, shuffle L,R,L

(33-40) SHUFFLE FORWARD DIGONALLY TO RIGHT, LEFT, RIGHT,LEFT

1&2,3&4 Shuffle R,L,R diagonally forward to right, then to left L,R,L
5&6,7&8 Shuffle R,L,R diagonally forward to right, then to left L,R,L

(41-48) SHUFFLE BACKWARD DIGONALLY TO RIGHT, LEFT, RIGHT,LEFT

1&2,3&4 Shuffle R,L,R diagonally back to right, then to left L,R,L
5&6,7&8 Shuffle R,L,R diagonally back to right, then to left L,R,L

TAG: At the END of: Wall 1 add the following tag: 2 HEEL TAPS FORWARD, 1 TOE TAP

1,2,3,4 BACK & FORWARD TOGETHER

RESTART & TAG: On WALL 3 dance up to BEAT 16 then add the following tag: □

1,2,3,4,5,6 2 HEEL TAPS FORWARD, 2 TOE TAPS BACK, FORWARD & TOGETHER

ENDING: Repeat steps 33 to 48 until music ends

Contact: ksqs@hotmail.com