

Islands of Love

COPPER KNOB
BY SHEETS

拍數: 56 牆數: 2 級數: Phrased Intermediate
編舞者: Kenneth Shaw (AUS) - March 2017
音樂: Islands of Love - Andrew Cousins & Elypsis : (Single)



SONG: Islands of Love ~ Award winner at Airlie Beach Music Festival

#4 Count Intro and begin on A, vocal 'Set me free'

Counts: A: 8 count slow, B: 16 count fast, C: 32 count

Sequence: A,A, B, C, A,A, B*,B*, RESTART A,A, B, C, B*, A,A, B*,B, C with ending

A SECTION ~ Slow – 8 counts

A(1-8) SIDE ROCK ACROSS TO LEFT, THEN RIGHT; ROCK 1/2 TURN, 1/2 PIVOT FORWARD □

1&2 Step R to side, rock weight to L, step R across
3&4 Step L to side, rock weight to R, step L across
5&6 Step R forward, rock weight to L, turning 1/2 right, step R forward
7&8 Step L forward, pivot 1/2 right, step L forward

B SECTION ~ Fast – 16 counts

B(1-8) SIDE ROCK SHUFFLE TO LEFT, THEN RIGHT □

1,2,3&4 Step R to side, rock weight to L, shuffle R,L,R
5,6,7&8 Step L to side, rock weight to R, shuffle L,R,L

B(9-16) ROCK 1/2 TURN SHUFFLE, 1/4 PIVOT TURN CROSS SHUFFLE

1,2,3&4 Step R forward, rock weight to L, turning 1/2 right, shuffle R,L,R
5,6,7&8 Step L forward, pivot 1/4 right, shuffle L,R,L - 9 o'clock

NOTE: B* SECTION where not followed by C, requires last 8 counts to be 1/2 PIVOT SHUFFLE - 12 o'clock

C SECTION – 32 counts

C(1-8) SIDE SWAY & SHUFFLE, CROSS ROCK 1/4 TURN SHUFFLE

1,2,3&4 Step R to side sway hips forward back, shuffle R,L,R
5,6,7&8 Cross L over R, rock, turning 1/4 left, shuffle L,R,L - 6 o'clock

C(9-16) DIAGONAL CROSS SHUFFLE LEFT, THEN RIGHT, MOVING FORWARD; TWO 1/4 PADDLE TURNS

1&2,3&4 Shuffle on left diagonal R,L,R, Shuffle on right L,R,L
5,6,7,8 Step forward R pivot 1/4 left taking weight onto the L, x 2 - 12 o'clock

C(17-24) DIAGONAL CROSS SHUFFLE LEFT, THEN RIGHT, MOVING FORWARD; FORWARD ROCK COASTER

1&2,3&4 Shuffle on left diagonal R,L,R, Shuffle on right L,R,L
5,6 Step forward R, recover weight onto L
7&8 Step back R, step L beside R, step R forward

C(25-32) FORWARD ROCK COASTER; TWO 1/4 PADDLE TURNS □

1,2 Step forward L, recover weight onto R
3&4 Step back L, step R beside L, step L forward
5,6,7,8 Step forward R pivot 1/4 left taking weight onto the L, x 2 - 6 o'clock

ENDING: Repeat C SECTION steps 9 to 32 until music ends. To finish at front~ you will be facing back, after steps 9-12, add 5,6,7,8 ~ Rock forward onto R, Rock back onto L, then 1/2 pivot turn to front (step forward on R, 1/2 pivot L, replace weight onto L)

“ The music tells you what to do ! “

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