

# La Luna (月亮) (zh)

COPPERKNOB  
BY STEPHEN

拍數: 32      牆數: 4      級數: Improver  
編舞者: Nina Chen (TW) - 2017年04月  
音樂: La Luna (Original Version) (feat Joan Kolova) - Contrás



Intro: 32 counts

## INTRO DANCE: 32 COUNTS

### Sec i1: FWD MAMBO - BACK MAMBO - (R & L) SIDE MAMBO

1&2, 3&4      Rock RF fwd - Recover onto LF - Step RF beside LF - Rock LF back - Recover onto RF - Step LF beside RF  
5&6, 7&8      Rock RF to R - Recover onto LF - Step RF beside LF - Rock LF to L - Recover onto RF - Step LF beside RF  
1&2, 3&4      右足前下沉 - 重心回左足 - 右足併踏左足旁 - 左足後下沉 - 重心回右足 - 左足併踏右足旁  
5&6, 7&8      右足右下沉 - 重心回左足 - 右足併踏左足旁 - 左足左下沉 - 重心回右足 - 左足併踏右足旁

### Sec i2: FWD PIVOT 1/8 TURN L. x4

1-4      Step RF fwd - Pivot 1/8 turn L (10:30) - Step RF fwd - Pivot 1/8 turn L (9:00)  
5-8      Step RF fwd - Pivot 1/8 turn L (7:30) - Step RF fwd - Pivot 1/8 turn L (6:00)  
1-4      右足前踏 - 向左踏轉 1/8 (10:30) - 右足前踏 - 向左踏轉 1/8 (9:00)  
5-8      右足前踏 - 向左踏轉 1/8 (7:30) - 右足前踏 - 向左踏轉 1/8 (6:00)

### Sec i3: FWD MAMBO - BACK MAMBO - (R & L) SIDE MAMBO

1&2, 3&4      Rock RF fwd - Recover onto LF - Step RF beside LF - Rock LF back - Recover onto RF - Step LF beside RF  
5&6, 7&8      Rock RF to R - Recover onto LF - Step RF beside LF - Rock LF to L - Recover onto RF - Step LF beside RF  
1&2, 3&4      右足前下沉 - 重心回左足 - 右足併踏左足旁 - 左足後下沉 - 重心回右足 - 左足併踏右足旁  
5&6, 7&8      右足右下沉 - 重心回左足 - 右足併踏左足旁 - 左足左下沉 - 重心回右足 - 左足併踏右足旁

### Sec i4: FWD PIVOT 1/8 TURN L. x4

1-4      Step RF fwd - Pivot 1/8 turn L (5:30) - Step RF fwd - Pivot 1/8 turn L (3:00)  
5-8      Step RF fwd - Pivot 1/8 turn L (1:30) - Step RF fwd - Pivot 1/8 turn L (12:00)  
1-4      右足前踏 - 向左踏轉 1/8 (5:30) - 右足前踏 - 向左踏轉 1/8 (3:00)  
5-8      右足前踏 - 向左踏轉 1/8 (1:30) - 右足前踏 - 向左踏轉 1/8 (12:00)

## MAIN DANCE: 32 COUNTS

### Sec 1: SIDE - TOGETHER - FWD SHUFFLE - FWD - TOUCH - BACK SHUFFLE

12,3&4      Step RF to R - Step LF beside RF - Fwd shuffle (R L R)  
56,7&8      Step LF fwd - Touch RF behind LF - Back shuffle (R L R)  
12,3&4      右足右踏 - 左足併踏右足旁 - 前交換步 (右左右)  
56,7&8      左足前踏 - 右足點於左足後 - 後交換步 (右左右)

### Sec 2: 1/4 L SIDE - POINT R - SIDE - BRUSH - JAZZBOX 1/4 L

1-4      1/4 turn L (9:00) step LF to L - Point R toes to R diagonal - Step RF to R - Brush LF fwd  
5-8      Cross LF over RF - Step RF back - 1/4 turn L (6:00) step LF to L - Touch RF beside LF  
1-4      左轉 1/4 (9:00) 左足左踏 - 右足尖斜右前方點 - 右足右踏 - 左足刷前擺  
5-8      左足前跨 - 右足後踏 - 左轉 1/4 (6:00) 左足左踏 - 右足點於左足旁

### Sec 3: FWD MAMBO - BACK MAMBO - (R & L) SIDE MAMBO

1&2, 3&4      Rock RF fwd - Recover onto LF - Step RF beside LF - Rock LF back - Recover onto RF - Step LF beside RF

5&6, 7&8      Rock RF to R - Recover onto LF - Step RF beside LF - Rock LF to L - Recover onto RF -  
Step LF beside RF  
1&2, 3&4      右足前下沉 - 重心回左足 - 右足併踏左足旁 - 左足後下沉 - 重心回右足 - 左足併踏右足旁  
5&6, 7&8      右足右下沉 - 重心回左足 - 右足併踏左足旁 - 左足左下沉 - 重心回右足 - 左足併踏右足旁

**Sec 4: ROCK - RECOVER - FWD SHUFFLE 1/2 R - FWD - RECOVER - SAILOR 1/4 TURN L**

1 2,3&4      Rock RF fwd - Recover onto LF - Fwd shuffle (R L R) 1/2 turn R (12:00)  
5 6,7&8      Step LF fwd - Recover onto RF - 1/4 turn L (9:00) step LF behind RF - Step RF to R - Step  
LF fwd  
1 2,3&4      右足前下沉 - 重心回左足 - 前交換步 (右左右) 向右轉1/2 (12:00)  
5 6,7&8      左足前踏 - 重心回右足 - 左轉1/4 (9:00) 左足後跨 - 右足右踏 - 左足前踏

**Tag 1: After Intro dance (12:00), Wall5 (9:00)**

**ROCKING CHAIR**

1-4              Rock RF fwd - Recover onto LF - Rock RF back - Recover onto LF  
1-4              右足前下沉 - 重心回左足 - 右足後下沉 - 重心回左足

**Tag 2: After Wall6 (6:00)**

**FWD - HOLD (CLAP) - 1/2 TURN L FWD - HOLD (CLAP)**

1-4              Step RF fwd - Hold and clap hands twice - 1/2 turn L (12:00) Step RF fwd - Hold and clap  
hands  
1-4              右足前踏 - 停拍並拍手兩下 - 左轉1/2 (12:00) 右足前踏 - 停拍並拍手

**Have Fun & Happy Dancing !!!**

**Contact Nina Chen: [nina.teach.dance@gmail.com](mailto:nina.teach.dance@gmail.com)**

---