

Simple Things 4P (P)

拍數: 32 牆數: 0 級數: Partner
編舞者: Chester & Jac (UK) - February 2017
音樂: Back To the Simple Things - Don Williams : (CD: Reflections)



Line Dance adapted as a Partner Dance with kind permission from Gaye Teather.

Same footwork throughout. Starting Sweetheart position, facing LOD - There are Two Easy Restarts.

(32 count intro)

S1: Walk. Hold. Walk. Hold. Rocking chair

1 - 4 Walk forward Right. Hold. Walk forward Left. Hold
5 - 8 Rock forward on Right. Recover onto Left. Rock back on Right. Recover onto Left

S2: Walk. Hold. Walk. Hold. Step. Quarter turn Left. Cross. Hold

1 - 4 Walk forward Right. Hold. Walk forward Left. Hold
5 - 8 Step forward on Right. Pivot Quarter turn Left. Cross Right over Left. Hold. (ILOD)

S3: Quarter turn Right. Hold. Step back. Hold. Coaster step. Hold

1 - 4 Quarter turn Right stepping back on Left. Hold. Step back on Right. Hold. (LOD)
5 - 8 Step back on Left. Step Right beside Left. Step forward on Left. Hold.

* Start again from beginning at this point during 3 and 6 repetitions.

S4: Right lock step forward. Hold. Left lock step forward. Hold

1 - 4 Step forward on Right. Lock Left behind Right. Step forward on Right. Hold
5 - 8 Step forward on Left. Lock Right behind Left. Step forward on Left. Hold.

S5: Step. Pivot quarter turn Left. Weave Left. Hold

1 - 4 Step forward on Right. Pivot quarter turn Left. Cross Right over Left. Step Left to Left side.
(ILOD)
5 - 8 Cross Right behind Left. Step Left to Left side. Cross Right over Left. Hold.

S6: Side rock. Recover. Weave Right. Hold

1 - 4 Rock Left to Left side. Recover onto Right. Cross Left over Right. Step Right to Right side
5 - 8 Cross Left behind Right. Step Right to Right side. Cross Left over Right. Hold.

S7: Side. Together. Forward. Hold. Cross rock. Recover. Quarter turn Left. Hold

1 - 4 Step Right to Right side. Step Left beside Right. Step forward on Right. Hold
5 - 8 Cross rock Left over Right. Recover onto Right. Quarter turn Left stepping Left to Left side.
Hold. (RLOD)

S8: Step. Pivot half. Step. Hold. Left lock step forward. Hold

1 - 4 Step forward on Right. Pivot half turn Left. Step forward on Right. Hold. (LOD)
5 - 8 Step forward on Left. Lock Right behind. Step forward on Left. Hold.

Start again

The Restarts are very easy to spot. They both follow the short instrumental breaks

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