Friday At The Dance



編舞者: Rob Fowler (ES) & Laura Sway (UK) - March 2017

音樂: Friday At the Dance - Michael English



Intro: 18 counts

[1-8] Right Rocking Chair, Forward Rock, Side Rock, Right Sailor Step, Left Toe Heel Stomp.

1&2& Rock forward on the right, recover weight onto left, rock back on the right, recover weight

onto left.

Rock forward on the right, recover weight to left, rock right to right side, recover weight to left.

step right behind left, step left in place, step right to right side.

7&8 touch left toe slightly forward, touch left heel slightly forward, stomp left.

[9-16] Shuffle Right Forward, Step Left, Pivot ¼ Right, Weave To The Right, Touch Left.

1&2 34 step forward on the right, step left to right, step forward on the right. Step forward on the left,

pivot ¼ turn right (3.00) making sure weight is on the right.

(Tags here after count 4 on walls 2 5 8 9)

5&6&7&8 cross left over right, step right to right side, cross left behind right, step right to right side,

cross left over right, step right to right side, touch left beside right.

(Restart after count 8 on wall 4)

[17-24] Chasse To The Left, ½ Turn Left, Chasse To The Right, Left Sailor Step, Behind And Cross.

1&2 3&4 step left to left side, step right to left, step left to left side. Make a ½ turn over left shoulder

and step right to right side, step left to right, step right to right side.

5&6 7&8 step left behind right, step right in place, step left to left side. Step right behind left, step left to

left side, step right across left.

[25-32] Rumba Box, Step Back Left, Clap, Step Back Right, Clap, Left Coaster Step.

1&2 3&4 step left to left side, step right to left, step forward on the left. Step right to right side, step left

to right, step back on the right.

5&6& 7&8 step back on the left, clap hands, step back on the right, clap hands. Step back on the left,

step right beside left, step forward on the left.

TAGS- (every time he sings ' with a one pound note' a Tag is coming)

Walls 2, 5, 8, 9 (after step left pivot ¼ turn right in section 2)

*3 count jazz box (missing count 8)

5 6 7 - Cross left over right, step back on the right, step left slightly to left side.

1&2&3&4 touch right heel forward, step right beside left. Touch left heel forward, step left beside right,

stomp right beside left, clap hands x2

Wall 4 - RESTART

Restart the dance again after the weave in section 2.

Replace the touch on count 8 with a step on the left, ready to start again.