

# Long Goodbye

COPPERKNOB  
BY STEPHEN HETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Daniel Whittaker (UK) - March 2017  
音樂: The Long Goodbye - Ronan Keating : (4:47)



**NOTE: There are NO Tags Or Restarts**  
**START: 32 Count intro (approx 27 seconds)**

**[1-8] Side L, Rock Recover Side, Behind L, ¼ Turn R, ¼ Turn R, (figure of 8) Behind R, ¼ Turn L, Step R, ½ Turn L, ¼ Turn L, Behind L**

1                    Step L to L side 12:00  
2&3                Rock back R, recover on L, step R to R side 12:00  
4&5                Step L behind R, make ¼ turn R stepping forward R, make ¼ turn R stepping L to L side 6:00  
6&7                Step R behind L, make ¼ turn L stepping forward L, step forward R 3:00  
&8&                Pivot ½ turn L, make ¼ turn L stepping R to R side, step L behind R 6:00

**[9-16] Sway R, Sway L, ¼ Turn R, ¼ Turn R and Rock L, Recover, Cross L, Point R, Cross R, Rock L, Recover, Cross L, Side R**

1,2                Step R to R side swaying hips R, sway hips L 6:00  
3&4                Make ¼ turn R transferring weight forward on to R, make ¼ turn R rocking L to L side, recover weight on R 12:00  
&5                Cross L over R, point R to R side 12:00  
6                    Cross R over L 12:00  
7&8&              Rock L to L side, recover weight on R, cross L over R, step R to R side 12:00

**[17-25] Diagonal Rock Back, Recover, Side L, Diagonal Rock Back, Recover, Step R, Diagonal Rock Forward, Recover, Step L, 3/8 Turn R, ½ Turn R, ¼ Turn R, Point L**

1,2                Step/rock L diagonally behind R, recover weight on R 10:00  
&3,4                Step L to L side, rock R diagonally behind L, recover weight to L (still diagonal) 2:00  
&5,6                Step R next to L, rock L diagonally across R, recover weight to R (still diagonal) 2:00  
&7                Step L next to R, make 3/8 turn R stepping forward R (to straighten up to 6 o'clock) 6:00  
8&1                Make ½ turn R stepping back L, make ¼ turn R stepping R to R side, point L to L side 3:00

**[26-32] ¼ Turn L, ½ Turn L, ½ Turn L, Step R, ¼ Turn R and Rock L, Recover, Cross L, Side R, Behind L, Side R, Rock L, Recover**

2&3                Make ¼ turn L transferring weight forward on to L, make ½ turn L stepping back R, make ½ turn L stepping forward L 12:00  
4                    Step forward R 12:00  
5&6                Make ¼ turn R rocking L to L side, recover weight on R, cross L over R 3:00  
&7&                Step R to R side, step L behind R, step R to R side 3:00  
8&                Cross rock L over R, recover weight on R 3:00

**Start again**

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