

Adela Hey Ho

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Rafel Corbí (ES) - March 2017
音樂: Hey Ho Away We Go - Dave Sheriff & The Britpickers



***TAG at the end of wall 7 (looking 3:00)**

#16 counts intro

ROCK FORWARD, RECOVER, COASTER STEP, ROCK FORWARD, RECOVER, SHUFFLE 1/4 TURN LEFT

1-2 Rock Forward with Right, recover onto Left
3&4 Step back with Right, Left beside Right, step Right forward
5&6 Rock forward with Left, recover back onto Right
7&8 Turn 1/4 left and step Left to side, Right beside Left, step Left to side 9:00

CROSS, SIDE, SAILOR STEP, CROSS, BEHIND, SIDE, CROSS

9-10 Cross Right over Left, step Left to side
11&12 Step Right behind Left, step Left in place, step Right to right side
13-14 Cross Left over Right, step Right to side
15&16 Step Left behind Right, step Right to right side, cross Left over Right

RIGHT HEEL GRIND TURN RIGHT, COASTER STEP, LEFT HEEL GRIND TURN LEFT, COASTER STEP

17-18 Step with Right heel forward, turn 1/4 right and step Left back 12:00
19&20 Step back with Right, Left beside Right, step Right forward
21-22 Step forward with Left heel, turn 1/4 left and step Right back 9:00
23&24 Step back with Left, step Right beside Left, step forward with Left

SYNCOATED ROCKS SIDE AND FORWARD, STEP FORWARD, SCUFF

25-26 Rock Right to side, return weight to Left
&27-28 Step Right beside Left, rock Left to left side, return weight to Right
&29-30 Step Left beside Right, rock Right forward, return weight back to Left
&31-32 Step Right beside Left, step Left forward, scuff Right forward and beside Left

Start again

***TAG: After 7th wall, looking 3:00**

1-2 Stomp Right to side, hold
3-4 Stomp Left to side, hold
5-6 Clap hands twice and start again

End: Wall 9. Change the last 2 counts &31-32 turning 1/4 right

31 1/4 turn right and stomp Right to right side 12:00
32 Stomp Left beside Right