

Bye Bye Blues

拍數: 32 牆數: 4 級數: Beginner +
編舞者: Lynda Summers (CAN) - March 2017
音樂: Bye Bye Blues by Bert Kaempfert (sped up 5%)



INTRO: 16 counts

VINE (right), CROSS (12:00)

1,2 Step R to right side, step L behind R.
3,4 Step R to right side, cross step L over R.

CHASSE (right), ROCK (back), RECOVER

5&6 Chasse side right (R-L-R),
7,8 Rock step L back, recover weight forward onto R.

VINE (left), CROSS

1,2 Step L to left side, step R behind L.
3,4 Step L to left side, cross step R over L.

CHASSE (left), ROCK (back), RECOVER

5&6 Chasse side left (L-R-L).
7,8 Rock step R back, recover weight forward onto L.

K-STEP

1,2 Step R forward on right diagonal, touch L beside R.
3,4 Step L back on left diagonal, touch R beside L.
5,6 Step R back on right diagonal, touch L beside R.
7,8 Step L forward on left diagonal, touch R beside L.

TOE STRUT (1/8 right), TOE STRUT (1/8 right)

1,2 Turn 1/8 right touching R toe forward, drop R heel down. (1:30)
3,4 Turn 1/8 right touching L toe forward, drop L heel down. (3:00)

KICK-BALL-CHANGE, KICK-BALL-CHANGE

5&6 Kick R forward, step ball of R beside L, step L beside R.
7&8 Repeat above counts 5&6. (3:00)

START DANCE AGAIN

ENDING : The last wall is wall 11 at the back wall (6:00).

Dance the first half of the dance to count 16.

Then add:

17,18 Rock step R forward, recover weight back onto L.
19&20 Triple step (R-L-R) turning 1/2 right to the front.
21 Cross step L over R, and pose most elegantly.