

Ruk Tuk Mai Mee Wan Yood

拍數: 64 牆數: 4 級數: High Beginner
編舞者: Wendy Loh (MY) - March 2017
音樂: Ruk Tuk Mai Mee Wan Yood by Titan Karn



Section 1: Walk 2x, R Forward Cha Cha, L Rock Forward, Recover, L Back Cha Cha

12 Step RF forward, Step LF forward
3&4 Forward Cha Cha RF, LF, RF
56 Rock LF forward, Recover on RF
7&8 Back Cha Cha LF, RF, LF (12:00)

Section 2: R Side Rock, Recover, Behind, Side, ¼ L Forward, L Rock Forward, Recover, L Coaster Step

12 Rock RF to side, Recover on LF
3& Step RF behind LF, Step LF to side
4 Turn ¼ L & Step RF forward (9:00)
56 Rock LF forward, Recover on RF
7&8 Step LF back, Step RF together, Step LF forward

Section 3: R Side Rock, 1/4L Recover, R Cross & Cross, L Rock Forward, Recover, 1/2L Fwd Cha Cha

12 Rock RF to side, Turn ¼ L & Recover on LF (6:00)
3&4 Cross RF over LF, Step LF behind RF, Cross RF over LF
56 Rock LF forward, Recover on RF
7&8 Turn ½ L & Forward Cha Cha LF, RF, LF (12:00)

Section 4: R Side Rock, Recover, Behind, Side, Cross. (Mirror Step on L side)

12 Rock RF to side, Recover on LF
3&4 Step RF behind LF, Step LF to side, Cross RF over LF
56 Rock LF to side, Recover on RF
7&8 Step LF behind RF, Step RF to side, Step LF over RF (12:00)

Section 5: R Forward, Pivot 1/2L, R Fwd Cha Cha, Full Turn, L Fwd Cha Cha

12 Step RF forward, Turn ½ L weight on LF (6:00)
3&4 Forward Cha Cha RF, LF, RF
56 Turn ½ R & Step LF back, Turn ½ R & Step RF forward
7&8 Forward Cha Cha LF, RF, LF (6:00)

Section 6: R Cross Rock, Recover, 1/4R Forward Cha Cha, L Forward, 1/2R Pivot, L Fwd Cha Cha

12 Rock RF over LF, Recover on LF
3&4 Turn ¼ R & Forward Cha Cha RF, LF, RF (9:00)
56 Step LF forward, Turn ½ R weight on RF (3:00)
7&8 Forward Cha Cha LF, RF, LF

Section 7: R Rocking Chair, R Forward, 1/4L Recover, Hip Bump RLR

12 Rock RF forward, Recover on LF (3:00)
34 Rock LF back, Recover on LF
56 Step RF forward, Turn ¼ L & Recover on LF (12:00)
7& Step RF together & do hip bump to R, L
8 Transfer weight to RF

Section 8: L Side Rock, Recover, 1/4L Back, Together, Forward, R Cross, Full Turn Unwind

12 Rock LF to side, Recover on RF
3&4 Turn ¼ L & Step LF back, Step RF together, Step LF forward (9:00)

5 Cross RF over LF

678 Slowly full turn unwind anti-clockwise with weight on LF (9:00)

RESTART : At wall 4 (3:00) , dance 56 steps (7x8), add '&' to step on LF and restart dance on RF again.
