

Bedroom Boogie

COPPER KNOB
BY STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Maddison Glover (AUS) - June 2016
音樂: Bedroom - Alvaro Estrella



Dance begins after count 16

Side, Heel, Side, Heel, Vine ¼, Touch Together

1,2 Step R to R side, touch L heel fwd onto R diagonal
3,4 Step L to L side, touch R heel fwd onto L diagonal
5,6,7,8 Step R to R side, step L behind R, turn ¼ R stepping R fwd, touch L beside R 3:00

Fwd, Kick, Back, Touch, Side, Behind, Side, Together, ¼ Fwd (Side Shuffle ¼)

1,2,3,4 Step L fwd, kick R fwd, step R back, touch L beside R
5,6,7& Step L to L side, step R behind, step L to L side, step R together
8 Turn ¼ L stepping fwd on L 12:00

Fwd, Hold, ¼ Pivot, Hold, Fwd, Hold, ¼ Pivot, Hold (with single/ double claps)

1,2 Step R fwd, hold (clap hands on count 2) 12:00
3&4 Pivot ¼ L whilst keeping weight on L, hold (double clap on &4) 9:00
5,6, Step R fwd, hold (clap hands on count 6)
7&8 Pivot ¼ L whilst keeping weight on L, hold (double clap on &8) 6:00

Walk Fwd x3, Kick, Back, Back, Cross, Heel Bounce

1,2,3,4 Walk fwd R, L, R, kick L fwd 6:00
5,6,7 Step back on L, step R back slightly on R diagonal, cross L over R
&8 Raise both heels off the floor, return heels to floor

(Note: Emphasise weight to be placed down on the left foot on count (8) ready to start again)

TAG: Once you have completed the third sequence you will be facing 6:00.

Add the following to end up facing 12:00 to Restart the dance.

Side, Heel, Side, Heel, ½ Walk Around, Cross

1,2 Step R to R side, touch L heel fwd onto R diagonal,
3,4 Step L to L side, touch R heel fwd onto L diagonal,
5,6,7,8 Making a ½ turn R (walk around a chair) stepping R, L, R, cross L over R

Note: Choreographed for my Monday evening beginners class.

Suggested split floor for Karl, Robbie & Ria's Intermediate dance 'Your Place or Mine?'

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