

As I Lay Me Down

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Susanne Lindberg (SWE) - March 2017
音樂: As I Lay Me Down - Wiktoria



Starts on vocals - *1 Restart after S2 on wall 3

S1 : R SHUFFLE, ROCK BACK, L SHUFFLE, ROCK BACK

1&2 Step right to right side, Slide left beside right, Step right to right side
3-4 Rock back on left, Recover on right
5&6 Step left to left side, Slide right beside left, Step left to left side
7-8 Rock back on right, Recover on left

S2 : ½ PIVOT, CROSS SHUFFLE, SIDE ROCK , BEHIND SIDE CROSS

1-2 Step forward on right, Turn ½ left
3&4 Cross right over left, Slide left next to right , Step right to left side. (Keeping legs crossed)
5-6 Rock left to left side, Recover on right
7&8 Cross left behind right, Step right to right side, Cross left over right

***RESTART ON WALL 3**

S3 : R SHUFFLE, COASTER STEP ¼ TURN L, PIVOT X2

1&2 Step right to right side, Slide left beside right, Step right to right side
3&4 Step back on left making ¼ turn L, step right next to left, step forward on left
5-6 Step forward on right, Turn ½ left
7-8 Step forward on right, Turn ½ left

S4 : JAZZBOX, HEEL , HOCK , HEEL, SLAP

1-2 Cross right over left, Step back in left
3-4 Step right to right side, Step left beside right
5-6 Touch right heel forward, Hook right over left
7-8 Touch right heel forward, Flick right back and slap your foot

Contact: susanne@sofieholm.se