

Stomp Like Hell

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數:
編舞者: Pat Esper (USA) - March 2017
音樂: Stomp Like Hell - Moonshine Bandits : (Album: Baptized in Bourbon)



[1-8]: Stomp, Clap, Stomp, Clap, Sailor step, Sailor quarter turn

- 1-2. Stomp the left foot forward. Clap.
- 3-4. Stomp the right foot forward. Clap.
- 5&6. Step the left foot behind the right, Step the right foot to the side, Step the left foot in place.
- 7&8. Step the right foot behind the left, turn a quarter turn to the right while stepping the left foot to the side, Step slightly forward on the right.

[9-16]: Step, Heel split, Step, Heel split, Rock, Recover, Coaster step

- 1&2. Step forward on the left foot, Turn both heels outward, Bring both heels to home/center.
- 3&4. Step forward on the right foot, Turn both heels outward, Bring both heels to home/center.
- 5-6. Rock forward on the left foot. Recover onto the right foot.
- 7&8. Step back on the left foot, Step the right foot next to the left, Step forward on the left foot.

Note: For counts 1-4, it is easier to do if you rise up on the balls of the feet.

[17-24]: Walk, Walk, Fire hydrant turn, Walk, Walk, Kick-ball-step

- 1-2. Step forward on the right foot. Step forward on the left foot.
- 3-4. Hitch the right knee turning a quarter turn to the left. Hitch the right knee turning a quarter turn to the left.
- 5-6. Step forward on the right foot. Step forward on the left foot.
- 7&8. Kick the right foot forward, Step on the ball of the right foot, Step the left foot forward.

[25-32]: Stomp, Hold, Stomp wide, Hold, Heel toe in, Heel toe in

- 1-2. Stomp the right foot forward. Hold
- 3-4. Stomp the left foot to the side. Hold. Note: Feet should be more than shoulder width apart.
- 5-6. Turn the right heel in. Turn the right toes to center.
- 7-8. Turn the left heel in. Turn the left toes to center.

Start again - No Tags/Restarts

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