Rolling Along

拍數: 32

牆數:4

級數: Easy Improver

編舞者: Diana Dawson (UK) - March 2017

音樂: Rolling Along - The Mavericks : (CD: Brand New Day - amazon)



#16 Count Intro

Right Toe, Heel, Triple Step, Left Toe Heel, Triple Step

- 1 Touch Right toe turned in towards Left instep.
- 2 Touch Right heel beside Left instep with toes pointing out
- 3&4 Triple step on the spot stepping Right, Left, Right
- 5 Touch Left toe turned in towards Right instep.
- 6 Touch Left heel beside Right instep with toes pointing out
- 7&8 Triple step on the spot stepping Left, Right, Left

Right Rock forward, Recover, Coaster step, Jazzbox (with attitude)

- 1-2 Rock forward on Right. Recover onto Left
- 3&4 Step back on Right. Step Left beside Right. Step forward on Right
- 5-6 Cross Left over Right. Step back on Right
- 7-8 Step Left to Left side. Step slightly forward on Right

Left Rock forward, Recover, Half turn Shuffle, Cross, Quarter turn, Step back, Toe Back

- 1-2 Rock forward on Left. Recover.
- 3&4 Shuffle Half turn Left stepping forward on Left, Right, Left (6:00)
- 5-6 Cross Right over Left. Quarter turn Right stepping back on Left (9:00)
- 7-8 Step back on Right. Touch Left toe back

Left step forward, Half turn Left, Shuffle back, Rock back, Recover, Kick ball change

- 1-2 Step forward on Left. Half turn Left stepping back on Right (3:00)
- 3&4 Step back on Left. Step Right beside Left. Step back on Right
- 5-6 Rock back on Right. Recover onto Left
- 7&8 Low kick Right forward. Step Right beside Left. Change weight stepping onto Left

Start again

Tags: At the end of Walls 4 and 8 (both facing front)

Right Rocking Chair

- 1-2 Rock forward on right. Recover onto Left
- 3-4 Rock back on right. Recover onto Left

Contact: www.dianadawson.uk - dianadawson@btinternet.com - Tel: 01896 756244 or 077570 75028