

# Waking Up Lonely

COPPERKNOB  
STEPSHETS

拍數: 48      牆數: 4      級數: Intermediate waltz  
編舞者: Trine Haukø Lund (NOR) - March 2017  
音樂: That's What's Working Right Now - Trent Tomlinson



#24 count intro

## Section 1: Fwd touch R, backwards touch L

1-3      Step LF forward, touch RF diagonal forward R  
4-6      Step RF backwards, touch LF to L

## Section 2: Twinkle steps backwards L-R

1-3      Step LF behind RF, step RF to R, recover on LF  
4-6      Step RF behind LF, step LF to L, recover on RF

Restart: here in wall 8

## Section 3: 1/4 turn L, coaster step, 3/4 turn L

1-3      Turn 1/4 L(9.00), step LF behind RF, step RF next to LF, step LF forward  
4-6      3/4 turn L(12.00), sweep RF or lift RK

## Section 4: Twinkle R fwd, 1/2 turn L

1-3      Step RF diagonal forward L, step LF forward, step RF diagonal forward R  
4-6      Cross LF in front of RF, turn 1/4 L(9.00), step RF backwards, turn 1/4 L(6.00), step LF to L

## Section 5: Cross rock R, recover L, step R, step L fwd, 1/4 turn L, side, cross

1-3      Cross rock RF over LF, recover on LF, step RF to R  
4-6      Step LF forward, turn 1/4 L(3.00), step RF to R, cross LF over RF

## Section 6: Point R, 1/2 turn R, point L

1-3      Point RF to R  
4-6      Turn 1/2 R(9.00), point LF to L

Restart: here in wall 4

## Section 7: Step fwd L, sweep R, step fwd R, sweep L

1-3      Step LF forward, sweep RF from back to front  
4-6      Step RF forward, sweep LF from back to front

## Section 8: Waltz step fwd L, waltz step backwards R

1-3      Step LF forward, step RF next to LF, step LF backwards  
4-6      Step RF backwards, step LF next to RF, step RF forward

Restarts: -

In wall 4, after section 6, facing 12 o'clock

In wall 8, after section 2, facing 12 o'clock

Last Update - 20th March 2017