

拍數: 32 牆數: 4 級數: Intermediate
 編舞者: Robbie Black (USA) - March 2017
 音樂: Lit - Trace Adkins : (Single)



Intro: 8cts + 32 cts

Tag at the end of walls 1,3,and 5.

On wall 8 you will dance the first 8cts,do the Tag twice and start the dance facing the correct wall 3:00

SIDE ROCK RECOVER,BEHIND SIDE CROSS,1/2 TURN RIGHT,CROSS AND CROSS TO THE RIGHT

1-2 Rock recover to right side (1),recover onto left (2)
 3&4 Step right behind left (3),step left to left side (&),cross right over left and weight right (4)
 5-6 Step back 1/4 turn right onto left (5),step back 1/4 turn right onto right (6)
 7&8 Cross left over right (7),step right side right (&),cross left over right weight on left (8) 6:00

TOUCH RIGHT & TOUCH LEFT & SCISSOR STEP,SIDE ROCK RECOVER,BACK COASTER STEP

1&2 Touch right to right side (1),bring right foot in and take weight on right (&),touch left to left side (2)
 &3&4 Bring left foot in and take weight on left (&),side rock onto right (3),recover weight onto left (&),cross right over left and take weight onto right (4)
 5-6 Side rock onto left (5),recover weight onto right (6)
 7&8 Step back left (7),step right next to left (&),step left forward and take weight onto left (8) 6:00

PIVOT 1/2 TURN LEFT,SHUFFLE FORWARD,KICK LEFT POINT RIGHT,KICK RIGHT POINT LEFT

1-2 Step forward right (1),pivot 1/2 turn to left weight left (2) 12:00
 3&4 Shuffle forward right (3),left (&),right weight on right (4)
 5&6 Kick left (5), and step down on left (&), point right weight stays on left (6)
 7&8 Kick right (7),and step down on right (&),point left weight stays on right (8)

LEFT SAILOR IN PLACE,1/4 RIGHT TURN SAILOR,CROSS BACK SIDE,KICK BALL CROSS

1&2 Cross ball of left foot behind right (1),step side to right (&),step left to side weight left (2)
 3&4 As you make a 1/4 turn right cross ball of right foot behind left (3),step left to side (&),step right to side weight right (4)
 5&6 Cross left over right weight left (5),small step back on right weight right (&),small step to left weight left (6)
 7&8 Kick right (7),step back slightly on right and take weight on right (&),cross left over right and weight left (8) 3:00

TAG: At the end of wall 1,3,and 5 dance this 8 ct Tag.You will be facing the correct wall to start again.

On wall 8 dance the first set of 8,dance the Tag twice and then start the dance again you will be facing 3:00

SIDE BEHIND AND HEEL AND CROSS (RIGHT AND LEFT)

1-2 Step side to right (1),step left behind right (2)
 &3&4 Step right back (&),touch left heel diagonal forward (3),step left back (&),step right across left (4)
 5-6 Step left to side (5),step right behind left (6)
 &7&8 Step left back (&),touch right heel diagonal forward (7),step right back (&),step left across right (8)

Start Again

Contact info - email: heyrobbie5678@gmail.com