

# Feel The Beat

**COPPER KNOB**  
STEPSHETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Chris Watson (AUS) - March 2017  
音樂: Feel the Beat - Ashleigh Dallas : (Album: Lighthouse - iTunes)



Start on vocals, weight on left.

## STOMP, HEEL BOUNCE X 3, ROCKING CHAIR

1,2,3,4      Stomp R foot forward , bounce heels 3 times taking weight onto R  
5,6,7,8      Rock forward onto L, rock weight back to center, Rock/step back onto L and rock weight to R

## WALK L,R,L, KICK R, DIAGONAL STEPS BACK

1,2,3,4      Walk forward L,R,L and kick R foot forward, while clapping hands  
5,6,7,8      Step R foot back to R diagonal, touch L together and clap, Step L foot back to L diagonal , touch R together with L and clap hands.

## VINE RIGHT, VINE LEFT ¼ TURN SCUFF

1,2,3,4      Step R to R side, step L behind R, step R to R side and touch L together.  
5,6,7,8      Step L to L side , Step R behind L, ¼ turn L stepping forward onto L and scuff right forward (9 O'Clock)

## ROCKING CHAIR, 2 ½ PIVOTS

1,2,3,4      Rock forward onto R foot, replace weight onto L, rock / step back onto R and forward onto L  
5,6,7,8      Step R foot forward pivot ½ turn over L shoulder take weight onto R , repeat.

## [32] COUNTS – RESTART DANCE

Tag: At the end of wall 10 Ofacing 6 0'Clock Wall

Repeat the last 8 counts then restart the dance

1,2,3,4      Rock forward onto R foot, replace weight onto L, rock / step back onto R and forward onto L  
5,6,7,8      Step R foot forward pivot ½ turn over L shoulder take weight onto R , repeat.

Ending: at the end of the dance add an extra ½ pivot to bring you to the front.

Contact: Chris Watson - 61 404 170 276 - [Chris@chriswatsontravel.com.au](mailto:Chris@chriswatsontravel.com.au)