

Overboard!!

拍數: 32 牆數: 4 級數: Beginner
編舞者: Johnny Montana (USA) & Lyndy Ang - March 2017
音樂: Corrina, Corrina - Brooks & Dunn
或: Jim Dandy - LaVern Baker : (CD: Soul On Fire..)
或: Jim Dandy to the Rescue - The Wright Brothers : (CD: Man Overboard)



**** with very valuable input from Mr. Lyndy Ang**

Alt. music:-

"Jim Dandy" by LaVerne Baker, "Soul On Fire.." cd, 24 count intro

"Jim Dandy to the Rescue" by The Wright Brothers, "Man Overboard" cd, 16 count intro

Jazz Box Strut Steps

Note: Snap fingers on counts 2,4,6 & 8

- 1, 2 Cross right over left onto right toe, lower right heel and snap fingers.
- 3, 4 Step back onto left toe, lower left heel and snap fingers.
- 5, 6 Step right onto right toe, lower right heel and snap fingers.
- 7, 8 Cross left over right onto left toe, lower left heel and snap fingers.

Right Mambo Cross (Scissors), Left Mambo Cross (Scissors)

- 9,10,11,12 Rock out to right side onto right foot, replace weight onto left foot, step forward and across left onto right foot, hold.
- 13,14,15,16 Rock out to left side onto left foot, replace weight onto right foot, step forward and across right onto left foot, hold.

Note: These next 8 counts are done traveling in a semi circle to complete a 1/2 turn to the left. Make a relatively big semi circle.

Not a dinky half circle Maybe hands waving in the air.

Step, Scuff, Step, Scuff

- 17, 18 Making a 1/8 turn step forward onto right foot, scuff left foot .
- 19, 20 Making a 1/8 turn step forward onto left foot, scuff right foot.

Step, Scuff, Step, Scuff

- 21, 22 Making a 1/8 turn step forward onto right foot, scuff left foot .
- 23, 24 Making a 1/8 turn step forward onto left foot, scuff right foot.

Jazz Jump

- 25, 26 Step out to right side onto right foot, step out to left side onto left foot.
- 27, 28 Step into home position with right foot, step into home position with left foot.

Monterey Turn

- 29, 30 Touch right toe to right side, pivot 1/4 turn right and step onto right foot next to left.
- 31, 32 Touch left toe to left side, step onto left foot next to right.

Begin dance again

Prepared by: Johnny Montana - 69 North Street, Johnson City, NY 13790 Phone: 607-725-5223
E-mail: Johnnymontana2@gmail.com