

Shed A Light On Me

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Francien Sittrop (NL) - March 2017
音樂: Shed a Light - Robin Schulz, David Guetta & Cheat Codes



Intro: Start after 32 Counts

[1 – 8] □ Cross, Hold, Back, Side, Cross, Point R, Point across , Side Shuffle ¼ R

1 – 2 Step R across L, Hold
&3- 4 Step L back, Step R to R side, Step L across R
5 – 6 Point R to R side, Point R across L
7 & 8 Step R to R side, Step L next to R , ¼ Turn R step R fwd (03.00)

[9-16] □ ¾ R, Side Shuffle, Behind, ¼ L, Shuffle fwd

1 – 2 Step L fwd, Make ¾ Turn R (12.00)
3 & 4 Step L to L side, Step R next to L , Step L to L side
5 – 6 Step R behind L, ¼ R step L fwd (09.00)
7 & 8 Step R fwd, Step L next to R, Step R fwd

[17-24] □ Step fwd , Knee pop, Coaster Step, Step fwd, Knee Pop, Coaster Step

1 & 2 Step L fwd, Pop Both Heels up(&) and down (2)
3 & 4 Step L back, Step R next to L, Step L fwd
5 & 6 Step R fwd, Pop Both Heels up (&) and down (6)
7 & 8 Step R back, Step L next to R , Step R fwd

[25-32] □ Step fwd, Pivot ½ R, Step Fwd, Pivot ½ R, Jazz Box Cross ¼ L

1 – 2 Step L fwd, Pivot ½ Turn R (03.00)
3 – 4 Step L fwd, Pivot ½ Turn R (09.00)
5 – 8 Step L across R, Step R back, ¼ Turn L step L to L side, Step R across L (06.00)

[33–40] □ And Cross, Side , Sailorstep x2, Shuffle fwd

&1-2 Step L to L side, Step R across L, Step L to L side
3 & 4 Sweep R behind L, Step L next to R, Step R to R side
5 & 6 Sweeo L behind R, Step R next to L, Step L to L side
7 & 8 Step R fwd, Step L next to R, Step R fwd

[41-48] □ Step fwd, Pivot ½ R, Step fwd, ½ Turn L, Sailor Step ¼ Turn L, Hip Sways

1 – 2 Step L fwd, Pivot ½ Turn R (weight on R)(12.00)
3 – 4 Step L fwd, ½ Turn L step R back (06.00)
5 & 6 Sweep L behind R with ¼ Turn L , Step R next to L, Step L across R (03.00)
7 – 8 Step R to R side and Push Hips R, Push Hips L

[49-56] □ Rock fwd, Recover, Coaster Step, Paddle ½ Turn R, Rock fwd , Recover

1 – 2 Rock R fwd, Recover on L
3 & 4 Step R back, Step L next to R, Step R fwd
5 – 6 Touch L fwd and Paddle ¼ Turn R, Touch L fwd and Paddle ¼ Turn R (09.00)
7 – 8 Rock L fwd, Recover on R

[57-64] □ Out, Out, Hold, In , Cross, Hold, Kick Ball Step, Kick Bal Step

&1-2 Step Out on L, Step Out on R, Hold
&3-4 Step R in, Step L across R, Hold
5 & 6 Kick R fwd. Step R down, Step L fwd

7 & 8 Kick R fwd, Step R down, Step L fwd

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