

How I Like It

拍數: 40 牆數: 4 級數: Improver - smooth rhythm
編舞者: Sebastiaan Holtland (NL) - March 2017
音樂: Worship - James Maslow : (CD: How I Like It 2017 - iTunes & other mp3 sites - 2:49)



Introduction: 16 counts, start on approx 10 sec.

Sequences: 40, 40, 40, 40, 30, Tag to (12 o'clock), 40, 14 ending to 12 o'clock.

Part I. [1-8] Kick R Fwd, Replace, Side, ½ Sailor Turn R Across, Hold, Full Unwind L with Sweep L, Weave R.

1&2 Kick R forward, Step R back in place, Step L to L.
3&4 Step R behind L, Making ½ Turn R (6) step L to L, Step R across L.
5-6 Hold, Unwind a full turn L and sweep L from front to back.
7&8 Step L behind R, Step R to R, Step L across R.

PART II. [9-16] Side Rock / Recover with ¼ Turn L, ¼ Turn L with Hitch / Hip Bump 2x, Side, Behind, Side, Step, Lock, Knee Lift L, Replace.

1-2 Step R to R, Making ¼ turn L (3) recover back onto L.
3-4 Hitch R knee lifting R hip up twice tuning 1/8 L (2X) (3-4) (12:00) weight onto L.
5,6& Step R to R, Step L behind R, Step R to R
7&8 Step L forward, Lock R behind L and lift L knee up, Step L back in place.

PART III. [17-24] Syncopated ½ Pivot Turn L, ¼ Turn L, Side, Weave R, & Cross Rock / Recover, Side, Cross, ½ Unwind L (weight change).

1&2 Step R forward, Pivot ½ Turn L onto L, Continue a ¼ turn L (3) step R to R.
3&4 Step L behind R, Step R to R, Step L across R.
&5-6 Step R slightly to R, Step L across R, Recover back onto R.
&7-8 Step L slightly to L, Step R across L, Unwind ½ L (9) taking weight onto R.

PART IV. [25-32] Back Rock / Recover, Fwd Out, Out, ¼ Twist Turn L Modified, Fwd Out, Out.

1-4 Step L back, Recover back onto R, Step L forward, Step R out to R.
5-8 Over 2 counts turning slow ¼ turn L (6) over both feet take weight over L*, Step R forward, Step L out to L.

*(NB: Tag here in WALL 5 after 30 counts (facing 6 o'clock), after the Tag start again to (facing 12 o'clock).

PART V. [33-40] Big Step Fwd R, Together, R Knee Pop Fwd, Side, Together, Back, & Back, Back, Heel Pivot ¼ R, Syncopated Hip Bumps L, R, L.

1-2 Step R big forward, Step L beside R and pop R knee forward weight onto L.
3&4& Step R to R, Step L beside R, Step R back, Step L back,
5-6 Step R back, Making ¼ turn R (9) over both heels taking weight onto R.
7&8 Bump L hip to L, Bump R hip to R, Bump L hip to L weight onto L.

TAG: Wall 5 after 30 counts

½ Pivot Turn L.

1-2 Step R forward, Pivot ½ turn L (12) onto L.

after start again 12 o'clock.

REPEAT DANCE AND HAVE FUN!!

Dance Edit, email: smoothdancer79@hotmail.com

Website: www.dancewithsebastiaan.jouweb.nl

