

# The Break Up

拍數: 32                      牆數: 2                      級數: Novice  
編舞者: Rudy Honing (NL) - March 2017  
音樂: Breaking Up Is Hard To Do - The Overtones



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## Sec 1. STEP FORWARD RF, KICK LF FORWARD, STEP LF BACK, HITCH R KNEE, STEP RF ¼ RIGHT, POINT LF LEFT, STEP BACK ¼ TURN LEFT, FLICK RF

1 - 2                      Step RF forward, Kick LF forward  
3 - 4                      Step LF back, Lift R knee up (hitch)  
5 - 6                      Step RF ¼ turn to the right, Point L toe to left side  
7 - 8                      Step ¼ turn to the left back on LF, Flick RF to the right side

## Sec 2. CROSS OVER, STEP ASIDE, CROSS BACK, SWEEP LF, CROSS BACK, ¼ TURN TO THE RIGHT, SHUFFLE LF FORWARD

1 - 2                      Cross RF over LF, Step LF to the Left side  
3 - 4                      Cross RF behind LF, Sweep LF front to back  
5 - 6                      Cross LF behind RF, Step RF ¼ turn to the right  
7 & 8                      Step LF forward, Step RF next LF, Step LF forward

## Sec 3. ROCKSTEP RF FORWARD, SHUFFLE ½ TURN RIGHT, ROCKSTEP LF FORWARD, SHUFFLE ½ TURN LEFT

1 - 2                      Step RF forward, Weight back on LF  
3 & 4                      Step RF ¼ turn to the right, Step LF next to RF, Step RF ¼ turn to the right  
5 - 6                      Step LF forward, Weight back on RF  
7 & 8                      Step LF ¼ turn to the left, Step RF next LF, Step LF ¼ turn to the left

## Sec 4. JAZZBOX ¼ TURN TO THE RIGHT, STEP HEEL 2x

1 - 2                      Cross RF over LF, Step LF back  
3 - 4                      Step RF ¼ turn to the right side, Cross LF over RF  
5 - 6                      Step RF to the right side, Touch L Heel to the left side  
7 - 8                      Step LF to the left side, Touch R Heel to the right side

**Start again.**

**TAGS: after the end of walls 3 & 5**

**TAG AFTER WALL 3 : Repeat the steps 5 to 8 of section 4**

**TAG AFTER WALL 5 :**

1 - 2                      Step RF forward, Hold  
3 - 4                      Turn ½ to the left, Hold  
5 - 6                      Step RF forward, Hold  
7 - 8                      Turn ½ to the left, Hold

**More information about the dances from Rudy Honing, please visit: [www.honeybeez.nl](http://www.honeybeez.nl)**

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