Hear Me Now

拍數: 64 **牆數:** 2 **級數:** Phrased Beginner

編舞者: Queen (CN) - March 2017

音樂: Hear Me Now - Alok, Zeeba & Bruno Martini : (Album: Hear Me Now)

Intro: 32 counts - Sequence: AAA B AAA B AAA

PART A: 32 counts

AS1： STEP, TOUCH, STEP, TOUCH, VINE, POINT

1234	Step R to right side, Touch L next to R, Step L to left side, Touch R next to L
5678	Step R to right side, Step L behind R, Step R to right side, Point L toe to left side

AS2: ROCKING CHAIR, 1/4 PIVOT R, CROSS, POINT

1234	Rock L forward, Recover to R, Rock L back, Recover to R,
5678	Step L forward, Turn 1/4 R weight to R, Cross L over R, Point R toe to right side

AS3: CROSS, POINT, CROSS, POINT, BACK, HITCH, BACK, HITCH

1234	Cross R over L, Point L toe to left side, Cross L over R, Point R toe to right side
5678	Step R back, Hitch L forward, Step L back, Hitch R forward

AS4: COASTER STEP, HOLD, 1/4 PIVOT R, CROSS, HOLD

1234	Step R back, Step L together, Step R forward, Hold
5678	Step L forward, Turn 1/4 R weight to R, Cross L over R, Hold

PART B: 32 counts

BS1： BOX STEP

1234	Step R to right side, Step L together, Step R forward, Drag L toward to R
5678	Step L to left side, Step R together, Step L back, Drag R toward to L

BS2: SLIDE, DRAG, BACK ROCK, SLIDE, DRAG, BACK ROCK,

1234	Large step to right side, Drag L to R, Rock L back, Recover to R
5678	Large step to left side, Drag R to L, Rock R back, Recover to L

BS3: SWAY, 1/4 TURN R, SWAY, 1/4 TURN R,

1234	Step R to right side and sway your body to right, Turn 1/4 R step L to left side and sway your body to left
5678	Sway your body to right, Turn 1/4 R step L to left side and sway your body to left

BS4: WALK FORWARD x4

1234	Slow walk forward for 2 counts, R, L
5678	Slow walk forward for 2 counts, R, L ,

Have your fun!

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