

Wolf

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Alison Johnstone (AUS) & EWS Winson (MY) - March 2017
音樂: Wolf - First Aid Kit : (Album: The Lion's Roar - iTunes)



Start : After 16 counts

(1-8) □□Step, Kick, Coaster Step, Rock Forward, Recover, ½ Turn Shuffle

1, 2 Step forward R, Kick L
3&4 Step back L, Step R next to L (&), Step forward on L
5, 6 Rock forward R, Recover L
7&8 ½ turn over R stepping on R, Step L next to R (&), Step forward R (6.00)

(9-16) □Step, Kick, Coaster Step, Rock Forward, Recover, ¼ Turn Chasse

1, 2 Step forward L, Kick R
3&4 Step back R, Step L next to R (&), Step forward on R
5, 6 Rock forward L, Recover R
7&8 ¼ turn over L stepping L to side, Step R next to L (&), Step L to side (3.00)

(17-24) □Jazz Box with ¼ Turn Chasse, Dorothy Steps x 2

1, 2 Cross R over L, Step back L,
3&4 ¼ turn over R stepping R to side, Step L next to R (&), Step R side (6.00)
5,6& Step diagonal forward L, Lock R behind, Step diagonal forward L (&)
7,8& Step diagonal forward R, Lock L behind, Step diagonal forward R (&)

(25-32) □Rock Forward, Recover, Toe Heel Drop with Shimmies x 2, ¼ Turn Sailor

1, 2 Rock forward L, Recover R
3, 4 Step L toe Back, Drop L heel
5, 6 Step R toe Back, Drop R heel
(Shimmy during Toe Heels with attitude dropping down and up, counts 3-6)
7&8 Step L behind R, ¼ over L stepping R to side, Step L to side

Start Again

****Tag end wall 5 facing 3.00 - 6 counts – Mambo Forward, Mambo Back, Stomp Stomp**

1&2 Rock fwd R, Recover L (&), Step R next to L
3&4 Rock back R, Recover L (&), Step L next to R
5, 6 Stomp on R, Stomp on L

ENDING: You will be facing wall 9 on counts 15&16 (¼ turn Chasse) CHANGE this to a ¾ shuffle to face front. THE END

Thank you to my beautiful daughter Laura who sent me this music. It is her all-time favourite song (Alison ;)

We Hope You Enjoy This Dance
See You All On The Dance Floor