Mercy On My Heart

級數: Intermediate

編舞者: Nicholas Light - March 2017

音樂: Mercy - Shawn Mendes

Intro: 16 counts, starting on lyrics

拍數: 32

NC2, ¼ TURN, LOCK, PRESS, BACK, ¼, SWAY, SWAY Extended step R to R (1), Rock L back (2), Slightly cross R over L (&) 1.2& 3,4& Turn ¼ L, sweeping R (3), Step R forward (4), Lock L behind R (&) 9:00 5 Press step R forward (5) Step L back (6), Step R back (&), Turn 1/4 L, Sway L (7) 6:00 6&7 Sway R, taking weight (8) (6:00) 8 (Styling: put both hands over heart during the sways when he sings "on my heart") STEP, BEHIND, SIDE, CROSS, ¾ UNWIND, BACK, BACK, ¼, SWAY, SWAY, STEP, STEP, CROSS 1.2& Step L to L (1), Step R behind L (2), Step L to L (&) 3,4& Cross R over L, unwinding ³/₄, sweeping L (3) Step L back (4), Step R back (&) (9:00) 5.6 Turn ¼ L, swaying L (5), Sway R (6) 6:00 (Styling: pull at heart with both hands during sways when he sings "tearing me apart") 7.8& Step L forward (7), Step R slightly behind L (8) Slightly cross L over R (&) **Restart here on wall 4 and wall 7 14, STEP, ROCK, RECOVER, LOCK, LOCK, PIVOT 1/2 Turn ¼ L, extended step R back (1), Rock back on L (2), Recover onto R (3) (3:00) 1,2,3 (Styling: on rock back lift arms up to the sky when he sings "mercy") Lock L behind R (4), Step R to R and slightly forward (&), Step L forward (5) 4&5 6&7 Lock R behind L (6), Step L to L and slightly forward (&), Step R forward (7) 8& Step L forward (8), Pivot ½ R putting weight on R (&) (9:00) 1/2 TURN, ROCK, RECOVER, LOCK, 1/4 TURN CROSS, 1/4 TURN, SIDE, CROSS 1.2.3 Turn ¹/₂ R stepping L back (1), Rock back on R (2), Recover onto L (3) (3:00) (Styling: on rock back lift arms up to the sky when he sings "mercy") Lock R behind L (4), Step L to L and slightly forward (&), Step R forward (5) 4&5 6&7 Step L forward (6), Turn ¼ R stepping R to R (&), Cross L over R (7) (6:00) 8& Turning ¹/₄ R step R to R (8), Cross L over R (&) (9:00) (Styling: make this 1/4 turn a gradual turn up until count 1)

Tag: The 6th wall begins facing 6:00 and ends facing 3:00-add the following 2 count Tag at the end of the 6th wall.

1,2 Sway R (1), Sway L (2)

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牆數: 4