Bulletproof (P)



拍數: 32 牆數: 0 級數: Improver Partner 編舞者: Randy Pelletier (USA) & Doreen Ollari (USA) - March 2017

音樂: Soldier - High Valley



Intro: Start on Lyrics

Man's footwork listed. Woman's footwork opposite unless otherwise noted. Starts side by side single hand hold

[1 - 8]□□3 FORWARD TWISTING SHUFFLES, ¼ RIGHT, TOUCH

1 & 2	Shuffle forward right (RLR) while turning back to back with partner
3 & 4	Shuffle forward left (LRL) while facing partner and touching man's left hand to woman's right
5 & 6	Shuffle forward right (RLR) while turning back to back with partner
7,8	Turning ¼ right to face partner step left to left side, touch right next to left

•□Men take ladies right hand with their left hand at waist level on count 8 (Double hand hold)

[9 – 16]□□MODIFIED RHUMBA BOX

1 - 2	Step right to side, step left beside right,
3 & 4	Step right forward, step left next to right, step right forward (Shuffle)
5 - 6	Step left to side, step right beside left
7 & 8	Step side left, step right beside left, step left back (Shuffle)

•□Men release ladies left hand

MANS STEPS

[17 – 24]□□¼ RIGHT STEP, ROCK, RECOVER, ¼ LEFT SIDE STEP, CROSS ROCK, RECOVER, COASTER

1 - 4	Turning ¼ right step forward on right, rock forward on left, recover to right, turn ¼ left
	stepping to side
5 - 6	Rock right foot across left, recover weight to left
7 & 8	Step right back, step left next to right, step right forward

•□Men raise ladies right hand over her head as she turns (counts 3 -4), and lowers hand and enters closed position

[25-32]□□WEAVE, SIDE, BEHIND, ¼ LEFT SHUFFLE

1 - 4	Step left to side, step right behind, step left to side, cross right in front
5 - 6	Step left to side, step right behind
7 & 8	Turn ¼ left Step left forward, step right next to left, step left forward

•□Men raise woman's right hand after count 4 as woman begins turn, and does hand change releasing her right hand and taking her left hand in his right at waist level on counts 7&8 to begin dance.

WOMANS STEPS

[17 – 24] \square \square \upmu LEFT STEP, \upmu LEFT PIVOT, \upmu LEFT SIDE STEP, BACK ROCK, RECOVER, FORWARD COASTER

1 - 4	Turn ¼ left step forward on left, step forward on right, turn ½ left, turn ¼ left stepping right to side
5 - 6	Rock left foot behind right, recover weight to right
7 & 8	Step left forward, step right next to left, step left back

[25-32]□□WEAVE, ¼ TURN RIGHT, ½ TURN RIGHT, ½ SHUFFLE FORWARD

1 - 4 Step right to side, step left across, step right to side, step left behind

5 - 6 Turn ¼ right stepping forward on right, turn ½ right stepping back on left
7 & 8 Turn 1/4 right stepping right forward, Turn 1/4 right stepping left forward, step right forward

REPEAT

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Contact: Randy Pelletier - Email: Randy@OneEyedParrot.Org - Tel: 413-366-1540