

# Old Time Rock

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: Newcomer  
編舞者: Belén Márquez (ES) - March 2017  
音樂: Old Time Rock & Roll - Michael Bolton



**Intro:** The dance begins when he says "off the shelf" and the music starts

## **CROSS, BACK, SIDE, SHUFFLE DIAGONAL FORWARD, POINT, POINT, CROSS SHUFFLE DIAGONAL FORWARD**

1-2-3      Cross Right over Left, Step Left back, step Right side  
4&5      Shuffle diagonally left forward (left-right-left)  
6-7      Point Right Toe diagonally left forward, Point Right Toe diagonally Right back  
8&1      Cross Shuffle (right-left-right) diagonally left forward

## **STEP TURN, TRAVELLING PIVOT, POINT, POINT, SAILOR STEP 1/8 TURN LEFT**

2-3      Step Left diagonally Left forward, turn ½ right (in opposit diagonally)  
4-5      Turn ½ Right and step Left back, Turn ½ right and step right forward  
6-7      Point Left Toe forward, Point left Toe to side  
8&1      Sailor Step (Left-right-left) and turn 1/8 left (15.00)

## **PADDLE ¼ LEFT X2, OUT-OUT (WITH HIP ROLLS), HOP BACK X2**

2-3      Step right forward, Turn ¼ left (12.00)  
4-5      Step right forward, Turn ¼ (9.00)  
6-7      Step Right side with hip roll, step Left side with hip roll  
8-1      Hop back for 2 times (with two feet)

## **SHUFFLE BACK X2, COASTE STEP, STEP**

2&3      Shuffle back (Right, Left, right) - turn your body to the Right side  
4&5      Shuffle back (left, right, left) – turn your body to the left side  
6&7      Step right back, step left together, step right forward  
8      Step left forward

## **REPEAT**

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