

Country Sunshine

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Beginner
編舞者: Molly Yeoh (MY) - March 2017
音樂: Country Sunshine - Dottie West



#16 count intro Dance from "...but I was raise ...)

SECTION 1: VINE TO RIGHT, TWIST

1-2 3-4 R step to R, L step behind R, R to R, L step beside R
5-6-7-8 Twist to R, L, R, L

SECTION 2: VINE TO LEFT, TWIST

1-2-3-4 L step to L, R step behind L, L to L, R step beside L
5-6-7-8 Twist to R, L, r, L

SECTION 3: STROLL WALK

1-2-3-4 Step R fwd, brush L fwd on (2), step L down on (3), brush R up on (4)
5-6-7-8 Step R down, brush L fwd, step L down, brush R up on (8)

SECTION 4: MAMBO STEPS

1-2,3-4 Right rock fwd and recover, hold
5-6,7-8 Left rock back and recover, hold

SECTION 5: TOE STRUTS BACKWARDS, BACK ROCK RECOVER ¼ LEFT TURN

1-2-3-4 R step back on toe, down on (2), L step back on toe, down on (4)
5-6-7-8 R rock back on (1), bend knees look back on(2), ¼ L turn L step down, R step beside L

SECTION 6: DIAGONAL WALK RIGHT AND LEFT

1-2-3-4 R diagonal walk up, L followed, R fwd again, L slight brush up
5-6-7-8 L diagonal step up, R followed, L fwd again, R slight brush up

SECTION 7: STEP TOUCH, KICK, ¼ LEFT TURN

1-2-3-4 R step down(weight on R), L toe touch behind, L step down on (3), R kick diagonal R
5-6-7-8 R step behind L (5), with a ¼ L turn, L step fwd (6) face 6 o clock, walk R, walk L (8)

SECTION 8: JAZZ BOX (OPTION : WITH SHOULDER SHAKE/CHESS PUMP)

1-2,-3-4 R cross over L, hold (2), L step back (3) Add flavor with shoulder shake or chess pump, hold
5-6, 7-8 R step to R, hold, L closed beside R, hold

These steps are choreographed to suit young beginners to do a bit more steps. Thank you so much!

Please contact me at suanyeah@hotmail.com