

Happy Can Already

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Des Ho (SG) - March 2017
音樂: Huan Xi Jiu Hao (歡喜就好) - Chen Lei (陳雷) : (amazon, iTunes, etc.)



Count in: 48 (approx. 26 sec) Note: Singlish dance title literally meaning: As long as you're happy

SECT 1: SIDE TOGETHER FORWARD SHUFFLE FORWARD ROCK 1/4 TURN L SIDE CHASSE [9:00]

1,2,3 &4 Step R to right side; Step L next to R; Step R forward; Step L next to R; Step R forward
5,6 Rock L forward; Recover onto R
7&8 Make 1/4 turn L stepping L to left side; Step R next to L; Step L to left side [9:00]

SECT 2: HEEL GRIND 1/4 TURN R, R BACK, BACK POINT, FORWARD, 1/2 TURN L, 1/2 TURN FORWARD SHUFFLE [12:00]

1,2 Step R heel forward & grind to 1/4 turn R (weight on L) [12:00]
[Easy Option for 1-2: Cross R over L; Make 1/4 turn R stepping back on L]
3,4 Step back on R; Point L toes to the back leaning body forward
5,6 Step L forward; Make 1/2 turn L stepping back on R [6:00]
7&8 Make 1/4 turn L stepping L to left; Step R next to L; Make 1/4 turn L stepping L forward [12:00]

SECT 3: CROSS POINT, CROSS UNWIND 1/2 TURN R, CROSS TOUCH, R BACK, 1/4 TURN L [3:00]

1,2 Cross R over L; Point L toes to left side
3,4 Cross L over R; Unwind 1/2 turn R (weight on R) [6:00]
5,6 Cross L over R; Touch R toes behind L
7,8 Step back on R; Make 1/4 turn L stepping L forward [3:00]

SECT 4: FORWARD TOUCH, L BACK, 1/2 TURN R, FORWARD SHUFFLE, FORWARD ROCK [9:00]

1,2 Step R forward; Touch L toes behind R
3,4 Step back on L; Make 1/2 turn R stepping forward on R [9:00]
5&6 Step L forward; Step R next to L; Step L forward
7,8 Rock forward on R, Recover onto L

Fun Alternative Option for Counts 7 - 8 during 2nd, 6th & 9th Rotations (You will be facing 6:00 when doing count 7-8)

7,8 Rock back on R leaning body back with both arms wide open; Recover onto L

* Note: All 3 rotations (2nd, 6th & 9th begin when facing 9:00)

Repeat & Have fun!

TAG: 4-count Tag at end of 7th rotation facing 3:00:

BACK, 1/4 TURN L, CROSS ROCK [12:00]

T1 -T2 □ Step back on R, Make 1/4 turn L stepping L to left side [12:00]

T3 -T4 □ Cross R over L; Recover onto L

Contact choreographer: beaverct@gmail.com

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