

Milk And Honey

COPPER **NOB**
BY STEPHEN

拍數: 32 牆數: 2 級數: Beginner / Improver
編舞者: John Sandham (ES) & Krys Myerscough (ES) - March 2017
音樂: Hey God - Dave Sheriff & The Britpickers : (iTunes, amazon)



sec 1. Heel Hook shuffle Heel Hook Shuffle

123&4 Tap right heel fwd-hook right heel across left Knee-Shuffle fwd Rt Lt Rt
567&8 Tap left heel fwd-hook left heel across right knee-shuffle fwd Lt Rt Lt.

sec 2. Rock Recover 1/2 turn Shuffle Step 1/4 Pivot Cross Shuffle

1-2 Rock fwd on right foot-recover back on left foot.
3&4 make a 1/2 turn shuffle over Rt shoulder on right left right.
5-6 step fwd on left foot-make a 1/4 pivot to right on both feet.
7&8 cross left over right-step right to side-cross left over right.

sec 3. Sway Right Sway left Sway Right 1/4 turn Brush.

1-2 sway right foot to side-touch Lt next to right foot.
3-4 sway left foot to side-touch right next to left foot.
5-6 Sway right foot to side-touch Lt next to right foot.
7-8 make a 1/4 turn to left on left foot-brush right foot fwd.

sec 4. Shuffle back Coaster Step Shuffle Fwd Step Brush.

1&2 shuffle back on right left right.
3&4 step back on left-step right next to left-step forward on left.
5&6 shuffle fwd on right left right.
7-8 step fwd on left-brush right foot forward.....

Start over from sec 1.

Contact: sandham454@btinternet.com