

Perfect One

COPPERKNOB
STYLISTICS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Linda Burgess (AUS) - March 2017
音樂: Perfect - Ed Sheeran : (Album: Divide)



Intro: 4 counts

{1-4} □ WALK, WALK, WALK, 1/8THR SIDE ROCK/REPLACE, CROSS

1,2,3,4&a Facing L corner (10.30), Step fwd R, (slightly crossed), step fwd L, (slightly crossed), step fwd R, turn 1/8th R & step/rock L to L, replace weight to R, cross/step L over R (12.00)

{5-8} □ SIDE DRAG, BEHIND, SIDE, CROSS, SIDE DRAG, BEHIND, SIDE, CROSS

5,6&a,7,8&a Big step to R & drag L, cross/step L behind R, step R to R, cross/step L over R, big step to R & drag L, cross/step L behind R, step R to R, cross/step L over R (12.00)

{9-12} □ SIDE/ROCK, REPLACE, CROSS, SIDE/ROCK, REPLACE, TOGETHER

1,2&3,4& Rock/step R to R, replace weight to L, step R across L, rock/step L to L, replace weight to R, step L beside R (12.00)

{13-16} □ BACK/SWEEP, BACK/SWEEP, BEHIND, SIDE, CROSS, SIDE/DRAG TGTHR

5,6,7&a8 Step back R & sweep L behind, step back L & sweep R behind, cross/step R behind L, step L to L, cross/step R over L, big step to L & drag R to L over 2 counts (12.00)

{17-20} □ TOUCH FWD, SWEEP AROUND BACK & TOUCH/CURTESY, FULL TURN R

1,2,3,4&a Touch R fwd (1), begin a slow sweep clockwise around behind L touch R toe behind L & small curtesy (2,3), turn ¼ R & step fwd R, turn ½ R & step back L, turn ¼ R & step R to R (12.00)

{21-24} □ CROSS, ¼ L BACK, ½ STEP/ROCK, REPLACE, ½ FWD, ½ BACK

5,6,7&8& Cross/step L over R, turn ¼ L & step back R, turn ½ L & step/rock fwd L, (3.00), replace weight to R, ½ turn L step fwd L, ½ turn L & step back R (3.00)

{25-28} □ BACK/HOOK, STEP ½ HITCH R, CROSS SHUFFLE

1,2,3&4 Step back L & hook R on L shin (1), small step fwd R & hitch L as you make ½ turn R (2), cross/step L over R, step R to R, cross/step L over R (9.00)

{29-32} □ SWAY R, SWAY L, SWAY R, FULL TURN L

5,6,7,8&a Step R to R & sway R, replace weight to L & sway L, replace weight to R & sway R, turn ¼ L & step fwd L, turn ½ L & step back R, turn ¼ L & step L to L. (9.00)

Begin again

Restarts. Wall 7, facing 6.00. Dance counts 1-16 (L side & drag), Restart facing 6.00

Tag: End of wall 3 facing 3.00 □ □

1,2,3,4&a Facing L diagonal. Step fwd R, step fwd L, step fwd,R, pivot ½ turn R, step fwd L,
5,6,7,8&a Still on diagonal, repeat the first 1,2,3,4&a of tag (which will bring you back to 3.00 wall.

Ending: Dance counts 1-16, then turn ¼ L & step fwd R & take arms slowly out to sides and up .

Thankyou to Maria for the music recommendation x

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