

Nancy Mulligan

拍數: 32 牆數: 4 級數: Improver
編舞者: Grit Benke (DE) - March 2017
音樂: Nancy Mulligan - Ed Sheeran



Intro: 16 count

S1: Scuff Hitch Stomp, Coaster Step, Heel & Toe & Heel Clap Clap

1&2 Brush R heel forward, lift R knee, stomp RF beside LF
3&4 LF step back, RF beside LF, LF step forward
5&6&7&8 touch R heel forward, RF beside LF, touch L toe back, LF beside RF, touch R heel forward, clap hands 2 times

S2: Cross rock, Step touch hold, & cross & cross, step ¼ turn r, touch

1 2 Cross RF in front LF (weight on RF), weight back on LF
&3 4 RF step R, touch LF beside RF, hold
&5&6 LF step L, cross RF in front LF, LF step L, cross RF in front LF
7 8 LF step back with ¼ turn R, touch RF beside LF

Tag + Restart In 1st. Wall

S3: Heel Hook Heel R & Heel Hook Heel L, Step ½ turn L, full turn L

1&2& touch R heel forward, cross RF in front L leg, touch R heel forward, RF beside LF
3&4& touch L heel forward, cross LF in front R leg, touch L heel forward, LF beside RF
5 6 RF step forward, ½ turn left on both feet
7 8 RF step back with ½ turn left, LF step forward with ½ turn left

(Easier Option for 7 8: RF step forward, LF step forward)

S4: Side rock, Sailor Step, Coaster Step ¼ turn L, Step ¼ turn L

1 2 RF step R (weight on RF), weight back on LF
3&4 cross RF behind LF, LF step left, RF step right
5&6 LF step back, RF beside LF, LF step forward with ¼ turn
7 8 RF step forward, ¼ turn left on both feet

Tag Point & Point & Point Clap Clap R+L

1&2&3&4& touch R toe right, RF beside LF, touch L toe left, LF beside RF, touch R toe right, clap hands 2 times, RF beside LF
5&6&7&8& touch L toe left, LF beside RF, touch R toe right, RF beside LF, touch L toe left, clap hands 2 times, LF beside RF

Start again and don't forget to smile.

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