

Taking My Time

COPPER **KNOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Tina Argyle (UK) - March 2017
音樂: How Would You Feel (Paeon) - Ed Sheeran : (iTunes, amazon etc)



Count In : 16 counts from start of track

Step Fwd. Step ¼ Cross. Side, Behind, Basic Night Club Step R then L

- 1 Step forward right
- 2&3 Step forward left, make ¼ turn right onto right, cross left over right (3 o'clock)
- 4& Step right to right side, cross left behind right
- 5-6& Take long step right to right side, rock left behind right, recover onto right
- 7-8& Take long step left to left side, rock right behind left, recover onto left

¼ Turn Basic Nightclub, Long Step, Sweep, Behind Side Cross. ½ Unwind. Back Rock, Side Rock

- 1-2& Make ¼ turn left taking long step to right side, rock back left, recover onto right (12 o'clock)
- 3 Take long step left to left side, sweeping right leg clockwise at the same time
- 4&5 Cross right behind left, step left to left side, cross right over left
- 6 ½ unwind turning left keeping weight on right sweeping left leg anti-clockwise at the same time (6 o'clock)
- 7 & Rock left behind right, recover onto right
- 8& Rock left to left side, recover onto right

Cross Rock Left, Switch Cross Rock Right, Switch Cross Rock Left, ¼ Turn, 2 x Prissy Walks or Full Turn Fwd.

- 1-2& Cross rock left over right, recover onto right, step left next to right
- 3-4& Cross rock right over left, recover onto left, step right next to left
- 5-6& Cross rock left over right, recover onto right, make ¼ turn left stepping forward left (3 o'clock)
- 7 – 8 Step forward right slightly across left, Step forward left slightly across right, (or make full turn fwd stepping R,L)

Nightclub Rumba Box, Step Back. Right. Lock Step Back. Rock Back Recover

- 1 Take long step right to right side
- 2& Step left at side of right, step forward right
- 3 Take long step left to left side
- 4& Step right at side of left, step back left
- 5 Step back right
- 6&7 Step back left, lock right over left, step back left sweeping right leg clockwise at the same time
- 8& Rock back right, recover onto left

For Susan Tomlin

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