

Capuccina

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Improver
編舞者: Sandy Kerrigan (AUS) - March 2017
音樂: Capuccina - Frankie Avalon : (iTunes)



Dance Info: Start Dancing on..Senorina...BPM [156.6]-Track Length 2:42 Version 1:00
Weight on L

S1: Right Side Scissor, Hold, ¼, Side, Cross, Hold 3:00

1 2 3 4 Step R to R, Step L next to R, Cross R over L, Hold
5 6 7 8 Turning ¼ R-Step Back on L, Step R to R, Cross L over R, Hold

S2: Step, Tap, Step, Tap, ½ Right Box Step, Hold 3:00

1 2 3 4 Step R to R, Tap L next to R, Step L to L, Tap R next to L
5 6 7 8 Step R to R, Step L next to R, Step Back R, Hold

S3: Side, Together, ¼ Fwd, Hold, ½ Right Box Step 12:00

1 2 3 4 Step L to L, Step R next to L, Turn ¼ L-Step Fwd L, Hold
5 6 7 8 Step R to R, Step L next to R, Step Back R, Hold

(Ending:facing 12:00:Stomp R Back, hold for count 8, drink your Capuccina or throw your arms up)

S4: Step, Tap, Step, Tap, Toe heel Strut Side, Diagonal Toe Heel Strut Fwd L45°

1 2 3 4 Step L to L, Tap R next to L, Step R to R, Tap L next to R
5 6 7 8 L Toe to L Side, Drop onto L Heel, R Toe Across L to Front L45°, Drop onto R Heel

S5: L45° Diagonal Fwd Rocking Chair, ½ Pivot Turn R, Fwd, Hold

1 2 3 4 Facing Front L45° - Rock Fwd L, Replace to R, Rock Back L, Replace Fwd to R
5 6 7 8 Step Fwd L, ½ Pivot Turn R-wt on R, Step Fwd L, Hold facing Back L45°

S6: L45° Diagonal Fwd Rocking Chair, ½ Pivot Turn L, Fwd, Hold

1 2 3 4 Facing Back L45° - Rock Fwd R, Replace to L, Rock Back R, Replace Fwd to L
5 6 7 8 Step Fwd R, ½ Pivot Turn L-wt on L, Step Fwd R, Hold facing Front L45°

S7: Turn 1/8 R to 12:00-Left Side Rock, Cross, Weave R with ¼ R Fwd 3:00

1 2 3 4 Turning to Face 12:00-Rock L to L Side, Replace to R, Cross L over R, Hold
5 6 7 8 Step R to R, Cross L Behind R, Turn ¼ R-Step Fwd R, Step Fwd L

S8: Step Side, Together, Back, Hold, Back, ¼ Side, Cross, Hold 6:00

1 2 3 4 Step R to R, Step L next to R, Step Back R, Hold
5 6 7 8 Step Back on L, Turn ¼ R-Step R to R Side, Cross L over R, Hold

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