

It's So Easy

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Hiroko Carlsson (AUS) - March 2017
音樂: It's So Easy - Buddy Holly : (iTunes)



(Intro: 32 count)

[S1] Fwd-Touch, Back-Touch, Step 1/2L Pivot, 1/2L Back, Hold

1 2 Step R fwd, touch L next to R
3 4 Step L back, touch R next to L
5 6 Step R fwd, turn 1/2L weight on L
7 8 Turn 1/2L step R back, hold (12:00)

[S2] Side Rock, 1/4L Recover, Side, 1/4L Side, 1/4L Side, Coaster Step, Fwd w/Drag, Together (Heels Up-Down)

1 2 Step L to side weight on L, push back weight on R then turn 1/4L
3&4 Step L to side, turn 1/4L step R to right side, turn 1/4L step L to left side
5&6 Step R back, step L next to R, step R fwd
7 8 Step L fwd then drag R next to L (slightly stretch up), step together weight on both feet (heels down) (3:00)

[S3] Back, Cross, Back, Back, Cross, Back, 1/2L Fwd, Together

1 2 3 Step L back, cross R over L, step L back,
4 5 6 Step R back, cross L over R, step R back
7 8 Turn 1/2L step L fwd, step R next to L (9:00)

[S4] Back, Cross, Back, Back, Cross, Back, 1/4L Fwd, Together

1 2 3 Step L back, cross R over L, step L back,
4 5 6 Step R back, cross L over R, step R back
7 8 Turn 1/4L step L fwd, step R next to L (6:00)

[S5] Step 1/2R Pivot, Prissy Walk, R Full Turn, 1/4R Paddle Turn

1 2 Step L fwd, turn 1/2R weight on R
3 4 Prissy walk L-R
5 6 Turn 1/2R step L back, Turn 1/2R step R fwd
7 8 Step L fwd, turn 1/4R weight on R (3:00)

[S6] Cross, Side, Sailor Step, Box Step

1 2 Cross L over R, step R to side
3&4 Sweep L around left sailor step (L-R-L)
5 6 Cross R over L, step L back
7 8 Step R to right side, step L together (3:00)

[S7] R Side-Touch Together, L Side-Touch Together, R Roll (Side, 1/2R Side, 1/2R Side), Touch

1 2 Step R to right side, touch L next to R
3 4 Step L to left side, touch R next to L
5 6 Step R to right side, turn 1/2R step L to side
7 8 Turn 1/2R step R to side, touch L next to R weight on R (3:00)

[S8] L Side-Touch Together, R Side-Touch Together, Side, Behind, 1/4L Fwd, 1/4L Ball w/ Hitch

1 2 Step L to left side, touch R next to L
3 4 Step R to right side, touch L next to R
5 6 Step L to left side, step R behind L

7 8

Turn 1/4L step L fwd, turning 1/4L on the ball of L weight on L with R hitch (9:00)

Please contact me for demo & work-through.
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(Updated: 6/Mar/17)
