

There Is No One Like Me

COPPER KNOB
BY STEPHEN HETS

拍數: 48 牆數: 2 級數: Advanced
編舞者: Adam Åstmar (SWE) - March 2017
音樂: Like Me by Jake Miller (93 BPM)



Intro: 32 Counts

Sect – 1: (Side. Hitch. Side) & arm movements. Heel bounce 1 / 4. Coaster step. Side rock & slight kick right with arm movements. Together.

- 1 & 2 (1) Step RF to right side, angle body slightly to the right diagonal and push left hand across and down. (&) Hitch left knee, angle body to the left diagonal and raise both arms to chest height. (2) Step LF to left side and push both arms down and forward.
- 3 & 4 Heel bounce and push hands down and forward 3 times while turning 1 / 4 to the right.
Weight on LF. (3:00)
- 5 & 6 (5) Step back on RF. (&) Close LF next to RF. (6) Step forward on RF.
- 7 & 8 (7) Rock LF to left side, do a small kick with RF to right side and raise right hand diagonally up, left hand held forward. □(&) Recover on RF. (8) Close LF next to RF.

Sect – 2: Forward. Touch behind. Back. Heel. Back. Hook. Forward. Out. Out. Knee Pop. Side. Touch. Side.

- 1 & 2 & (1) Step forward on RF. (&) Touch LF behind RF. (2) Step back on LF. (&) Touch right heel forward.
- 3 & 4 (3) Step back on RF. (&) Hook LF over RF. (4) Step forward on LF.
- 5 & 6 (5) Step out on RF to right side. (&) Step out on LF to left side. (6) Pop right knee in towards LF.
- 7 & 8 (7) Step RF to right side. (&) Touch LF next to RF. (8) Step LF to left side.

Sect – 3: Behind. Side. 1 / 8 Forward. 1 / 2 Turn step. Back & arm movements. Coaster step. 1 / 2. 1 / 2.

- 1 & 2 (1) Step RF behind LF. (&) Step LF to left side. (2) Turn 1 / 8 to the left stepping forward on RF. (1:30)
- 3 – 4 (3) Turn 1 / 2 to the right stepping back on LF. (4) Step back on RF and on first wall you raise your hands with palms out as you would cover your face.

On third wall you instead hold your hands by your heart with palms in. You only have □ to do these arm movements on these walls. (7:30)

- 5 & 6 (5) Step back on LF. (&) Close RF next to LF. (6) Step forward on LF.
- 7 – 8 (7) Turn 1 / 2 to the left stepping back on RF. (8) Turn 1 / 2 to the left stepping forward on LF. (7:30)

Sect – 4: Rock. Recover. 1 / 8 Side & arm movements. Sailor step. Cross samba x2.

- 1 & 2 (1) Rock forward on RF. (&) Recover on LF. (2) Turn 1 / 8 to the right stepping to right side on RF and on first wall you raise your left hand up (as you did in school.).

On the other walls you may raise your left hand to head height and right hand slightly down to waist height. (9:00)

- 3 & 4 (3) Step LF behind RF. (&) Step RF slightly to right side. (4) Step LF to left side.
- 5 & 6 (5) Cross RF over LF. (&) Rock LF to left side. (6) Recover on RF.
- 7 & 8 (7) Cross LF over RF. (&) Rock RF to right side. (8) Recover on LF.

Sect – 5: (1 / 8 Side. Hitch. Together) & arm movements. Mambo Forward. Coaster step. Kick. Ball. 1 / 8 Cross.

- 1 & 2 (1) Turn 1 / 8 to the left stepping RF to right side, push right hand down and to right side, push left hand down and to □ left side. (&) Hitch left knee and put left arm across right arm like you are forming an X. Hands should be pointing forward and slightly down. (2) Close LF next to RF and put arms back out as in first count. (7:30)
- 3 & 4 (3) Rock forward on RF. (&) Recover on LF. (4) Step back on RF.
- 5 & 6 (5) Step back on LF. (&) Close RF next to LF. (6) Step forward on LF.

7 & 8 (7) Kick RF forward. (&) Ball step RF next to LF. On wall 4 you raise your arms and point to your face (8) Turn 1 / 8 to the left crossing LF over RF. (6:00)

Sect – 6: Side rock. Cross. Side rock. Cross. Step 1 / 2 Turn x2.

1 & 2 (1) Rock RF to right side. (&) Recover on LF. (2) Cross RF over LF.

3 & 4 (3) Rock LF to left side. (&) Recover on RF. (4) Cross LF over RF.

5 – 6 (5) Step forward on RF. (6) Turn 1 / 2 to the left stepping forward on LF (12:00)

7 – 8 (7) Step forward on RF. (8) Turn 1 / 2 to the left stepping forward on LF (6:00)

Ending: At section 4 after the first cross samba you do a left cross shuffle with 1 / 4 turn to the right

Bring some attitude when dancing this!

Have fun!

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