

Back Road Body

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Caleigha Clairbush (USA) - March 2017
音樂: Body Like a Back Road - Sam Hunt



#1st Section (1-8)

- 1,2 Skate R, L (body facing 10:30)
- 3&4 Step forward R, pivot ½ turn to the left (facing 4:30), 1/8 turn to the left stepping right on R, sweeping L from front to back behind R
- 5&6 Cross L behind R, step right on R, cross L over R
- 7&8 ¼ turn to the right, triple R L R (Facing 6:00)

#2nd Section (9-16)

- 1,2 Step forward L, body roll, returning weight to R
- 3&4 Coaster step L R L
- 5&6 Kick R, ball change (keeping weight on R), turn body ¼ to the right pointing L toe (facing 9:00)
- 7&8 ¼ turn to the left stepping forward on L, step forward R, ½ pivot to the left taking weight on L. (Facing 12:00)

#3rd Section (17-24)

- 1,2&3&4 (Syncopated jazz box) Cross R over L, step back on L, step R to right side, cross L over R, step R to right side, step L to left side
- 5&6&7&8& twist R heel out, bending knee in, return to center; twist L heel out, bending knee in, return to center, step forward R, ½ pivot to the left taking weight on L, touch R to the side, bring back to center. (Facing 6:00)

#4th Section (25-32)

- 1,2 Take big step to the right, sliding L in slowly (take it SLOW ;))
- &3&4 Take weight on L, crossing shuffle R L R
- 5,6 ¼ turn to the left stepping forward on L (facing 3:00), ¼ turn to the left stepping forward on R (facing 12:00)
- 7&8 ½ turn to the left sailor step L R L (facing 6:00).

End of Dance!

****Tag**:** On SIXTH wall, after the coaster step in the 2nd section.

5,6,7,8 Step forward R, pivot ¼ turn to the left taking weight on L (Repeat 2x!!)

You will end facing 6:00. For styling, use your HIPS! ;)

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