

# Grandma's Feather Bed

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編舞者: Martina Bucco (DE) - March 2017  
音樂: Grandma's Feather Bed - Marc Roberts : (Album: The Tribute To The Music Of John Denver)



## [1-8] RF HEEL , TOE , SHUFFLE FORWARD RIGHT , LF HEEL , TOE , SHUFFLE FORWARD LEFT

1-2      right heel touch right forward ,right toe touch beside left foot  
3&4      right foot step forward ,left foot step behind right foot ,right foot step forward  
5-6      left heel touch left forward ,left toe touch beside right foot  
7&8      left foot step forward ,right foot step behind left foot ,left foot step forward

## [9-16] JAZZBOX 1/4 TURN , JAZZBOX 1/4 TURN

1-4      right foot cross over left foot ,left foot step back ,right foot step forward with 1/4 turn right ,left foot step forward  
5-8      right foot cross over left foot ,left foot step back ,right foot step forward with 1/4 turn right ,left foot step beside right foot

## [17-24] R TOE ,HEEL ,STEP FORWARD ,L TOE ,HEEL ,STEP FORWARD ,SAILOR 1/2 TURN ,KICKBALL CHANGE

1&2      right toe touch beside left foot , right heel touch beside left foot , right foot step in front of left foot  
3&4      left toe touch beside right foot , left heel touch beside right foot , left foot step in front of right foot  
5&6      right foot step behind left foot , left foot step back with 1/2 turn right , right foot step right  
7&8      left foot kick forward , left foot step beside right foot , right foot touch beside left foot

## [25-32] SYNC. WEAVES , SIDE , CROSS , BRUSH JUMP , STEP ON PLACE

1&2      right foot step behind left foot , left foot step left , right foot step over left foot ,  
&3&4      left foot step left , right foot step behind left foot , left foot step left , right foot step over left foot  
5&6      left foot step left , weight back to right foot , left foot cross over right foot  
7&8      right foot brush , jump up , right foot step forward

## [33-40] SAILOR , SAILOR ,STEP ON HEEL , STEP ON HEEL , STEP BACK , STEP BACK

1&2      left foot cross behind right foot , right foot step right , left foot step left  
3&4      right foot cross behind left foot , left foot step left , right foot step right  
5-6      left foot step left forward on heel , right foot step right forward on heel  
7-8      left foot step back to centre , right foot step beside left foot

## [41-48] BRUSH , HITCH , STEP , BRUSH , HITCH , STEP , SWIVELS

1-2      left foot brush , knee hitch , step left  
3-4      right foot brush , knee hitch , step right  
5&6      both feet toe in ,both feet heel in , both feet toe in  
&7&8      both feet heel in , both feet toe in , both feet heel in , both feet together

## [49-56] FULL TURN , TOUCH , FULL TURN , TOUCH

1-4      right foot step forward with 1/4 turn right , left foot step left with 1/4 turn right , right foot step right with 1/2 turn right , left foot touch left  
5-8      left foot step forward with 1/4 turn left ,right foot step right with 1/4 turn left , left foot step left with 1/2 turn left , right foot touch right

## [57-64] STEP , CHARLSTON STEPS , TOUCH

- 1-2 right foot step forward , left toe touch forward
- 3-4 left foot step back , right toe touch back
- 5-6 right foot step forward , left toe touch forward
- 7-8 left foot step back , right foot touch beside left foot

**NOTICE: TAG INSTRUMENTAL PART AFTER ROUND 2:**

**[1-10] CROSS , STEP , HEEL , CROSS , STEP , HEEL , WALK IN CIRCLE**

- 1&2 right foot cross over left foot , left foot step left , right heel touch right forward
- &3 right foot step beside left foot , left foot step over right foot
- &4 right foot step right , left heel touch left forward
- 5-10 walk in circle and start again 12 o'clock

**Notice: In Round 3 After Count 16 Lift Both Toes Going On Both Heels And Start With Count 17-64**

**Ending: After Round 3 Dance The Counts 49-64 Again.**

**Have fun!!! Enjoy the dance!!**

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