Can Can Polka



拍數: 32 編數: Beginner / Improver - Contra

編舞者: Olga Simone (FR) - February 2017

音樂: The French Can-can Polka - Billy Cotton & His Band



Start on Vocals

S1: Right Kick Ball Change X 2, Kick forward, Kick to the right, Right Coaster Step

1&2 Right Kick Ball Change3&4 Right Kick Ball Change

5 – 6 Kick Right Forward and diagonally to the right

7 & 8 Right Coaster Step

S2: Left Kick Ball Change X 2, Kick Forward, Kick to the Left, Left Coaster Step

1 & 2 Left Kick Ball Change 3 & 4 Left Kick Ball Change

5 – 6 Kick Left Forward and diagonally to the left

7 & 8 Left Coaster Step

S3: Right Kick, Hook, Step Lock Step, Left Kick, Hook, Step Lock Step

1 - 2 Right kick and hook diagonally to the right
3 & 4 Step Lock Step (RLR) moving forward
5 - 6 Left kick and hook diagonally to the left
7 & 8 Step Lock Step (LRL) moving forward

S4: Right Rocking Chair, Step, Pivot ½ Turn Left, Hip Bumps

1–2–3-4 Rocking Chair (RLRL)

5 – 6 Right step forward pivot half turn to the left

7-8 Hip Bump Right and Left

Tag after the first 4 routines and after the next 4 ones at the end of the dance:

1-2-3-4 Right Rocking Chair5-6 Stomp R Stomp L

7-8 Clap twice

ENJOY AND HAVE FUN!

Contact: obdance4ever@gmail.com