

Hey Ho Fais Do Do

COPPER **NOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Gaye Teather (UK) - February 2017
音樂: Hey Ho Away We Go - Dave Sheriff & The Britpickers : (CD: From Then 'Til Now)



Track available to download from iTunes, Amazon and other major download sites
#16 count intro

Right heel dig x 2. Triple step. Left heel dig x 2. Triple step

1 – 2 Dig Right heel forward twice
3&4 Triple step on the spot stepping Right. Left. Right
5 – 6 Dig Left heel forward twice
7&8 Triple step on the spot stepping Left. Right. Left

Right shuffle forward. Left shuffle forward. Hitch. Back. Hitch. Back. Hitch. Back. Stomp

1&2 Step forward on Right. Step Left beside Right. Step forward on Right
3&4 Step forward on Left. Step Right beside Left. Step forward on Left
&5 Hitch Right knee. Step back on Right foot
&6 Hitch Left knee. Step back on Left foot
&7 Hitch Right knee. Step back on Right foot
8 Stomp Left beside Right taking weight onto Left

Side Right. Together. Chasse Right. Side Left. Together. Chasse Left

1 – 2 Step Right to Right side. Step Left beside Right
3&4 Step Right to Right side. Step Left beside Right. Step Right to Right side
5 – 6 Step Left to Left side. Step Right beside Left
7&8 Step Left to Left side. Step Right beside Left. Step Left to Left side

(For styling, clap hands on the side steps and chasses or use arms in a pumping motion (shoop shoop) during above)

Jazz box quarter turn Right. Heel switches x 3. Clap. Clap

1 – 2 Cross Right over Left. Step back on Left
3 – 4 Quarter turn Right stepping Right to Right side. Step Left beside Right (Facing 3 o'clock)
5&6 Touch Right heel forward. Step Right beside Left. Touch Left heel forward
&7 Step Left beside Right. Touch Right heel forward
&8 Hold position and clap hands twice

Start again

Fun bits!! At the end of wall 7 (facing 9 o'clock) there is a short break in the music (8 counts) and then it speeds up for the final 2 walls. Here are some fun options (or you can make up your own so long as you come back to 9 o'clock to continue the dance).

You could stand still and clap 8 times or

(1) Stomp in place. (2) Hold. (3) Stomp in place. (4) Hold then (5-8) Stomp Right foot 4 times or Stomp. Hold/clap. Stomp. Hold/clap. Walk round a full circle over 4 counts
Have fun and be inventive!!

Ending: Dance ends facing 3 o'clock.

To finish facing front just make a quarter turn left as you do the final heel switches.... Ta Da!!!